

BASEBALL Policies & Pairings

Wilson will be the official game ball.

- A team's warm-up/stretching area must take place near the foul line closest to team dugout in all games.
- The home team shall wear their white or lightest colored uniform and the visiting team will wear their darkest colored uniform.
- The fifteen (15) run rule after four (4) innings and the ten (10) run rule after five (5) innings will be in effect as will the speed up rules regarding pitchers and catchers.

These rules are in effect for all non-region, region and post-season games.

State Tournament Pairings

State Tournament pairings will be determined by a schools RPI Ranking within that schools classification.

UHSAA Pitch Count Rule

Approved Nov 9, 2016 – Revised June 2017

Effective Spring 2017 Baseball Season

The revised pitching policy in Rule 6-2-6 for 2016 from the NFHS requires state associations to adopt a pitch count rule instead of the existing 14 maximum innings per calendar week.

Pitching Limits

All-Levels

| Pitches | Required Rest |
|---------|---------------|
| 86-110 | 3 days |
| 61-85 | 2 days |
| 36-60 | 1 day |
| 1-35 | 0 days* |

Additional Notes:

- *No pitcher may throw more than 75 pitches over two consecutive days.* If they reach **75 pitches in two days**, they must take **one full day of rest**.
- A pitcher may finish a batter if they reach **110 pitches during an at-bat**, but they must exit the game immediately afterward.
- Each contest must be recorded with the opposing team, noting pitcher names and pitch counts. This data must be entered into **PitchKount Software** within **24 hours** of the game.

Penalty for Exceeding Pitch Count:

- **First offense:** Coach suspension for **two games**.
- **Second and subsequent offenses:** Forfeiture of contest.
- **Post-season violations:** Automatic forfeit.

Non-Reporting of Pitch Counts:

- The **Region Board of Managers** will handle any violations related to non-reporting. Reports are due within 24-hours and failure to report will be fined \$250 per incident payable to the region. (approved in EC 3/23/25)

Important: Umpires are NOT responsible for monitoring pitch counts. Any concerns should be directed to the Athletic Director or UHSAA.