



2025-26 Moratorium Adjustment Form

Any adjustment must be directly related to competition

Deadline for form to UHSAA: November 1

Activity	Declared Moratorium Start & End Date	Signature of Coach	Competition Date(s)	Event & Site Causing Adjustment
Girls' Basketball				
Boys' Basketball				
Girls' Wrestling				
Boys' Wrestling				
Swimming				
Drill Team				
Competitive Cheer				
Music/Choir				
Speech/Debate				
Theatre				

Moratorium Adjustment Conditions:

1. Unless adjusted as noted on this form, the Christmas holiday moratorium remains December 21-25.
2. The specific holiday (Christmas or New Years Day) cannot be compromised in any adjustment.
3. Moratorium days must be consecutive.
4. Teams may adjust the moratorium no more than one day prior to the date of competition.
5. Teams cannot meet, practice, play nor travel on a moratorium day.
6. The principal shall monitor the moratorium period. Individual teams within the school could be on different schedules.
7. The basic philosophy of the holiday moratorium is to allow students, coaches, and other school personnel quality family time while maintaining a level playing field. Dates chosen for the moratorium should reflect a well-conceived and educationally sound plan indicative of community and school philosophy. Moratorium periods shall not, in any way, compromise that level playing field.

Scan and email to bjackson@uhsaa.org

School Name

Date

Signature of District Superintendent

Signature of School Principal