



REGION



ONE



Academics – Athletics
2025-26 Handbook



POLICIES REGULATING REGION I ACTIVITIES

AWARDS:

1. A region trophy will be awarded for each activity.
2. Medals will be awarded as listed for the specific event.
3. Region certificate nominated by principal.

BANDS AND DRUMS:

1. The host school may have its band or pep band play for home games.
2. State policy will be followed in terms of noise makers. (see page 17). Air horns and sirens are not permitted at any event.
3. Drums are to be used to play with the band, to play as part of an organized cheer, and to play for the pep club's marching activities. **DRUMS ARE NOT TO BE USED INDISCRIMINATELY AS NOISE!!** Drums will not be used while play is in progress.

BANNERS, SIGNS AND FLAGS:

1. The host school may have an appropriate welcome sign posted in the gym or stadium. No banner or signs will be permitted other than the welcome sign.
2. Signs indicating cheers may be used by the cheerleaders.
3. School flags and emblems are allowed only at home games and only on the home side. Visiting players and students ARE NOT permitted to bring flags. Students are not allowed to parade emblems or flags on the playing field or on the opposite side of the field.
4. Home team may have a run-through banner

BLUETOOTH SPEAKERS:

1. Visiting teams ARE NOT allowed to bring and use Bluetooth speakers to region games and events.

CHEERLEADERS:

1. Cheerleaders of the host school should initiate a meeting with the guest cheerleaders. The two (2) groups should work cooperatively together during the game.
2. Cheers and songs which are derogatory or insulting should not be used by either school.
3. Cheering contests, screaming indiscriminately for more than thirty (30) seconds should be discouraged. Organized cheers are more effective.
4. Cheerleaders should do everything they can to stop the booing or shouting of small groups.
5. NO STOMP CHEERS!!
6. Cheerleaders should encourage good sportsmanship at all times. No artificial noises especially when a free throw is in process.
7. Cheerleaders are to remain away from the extended foul lane under the basket during free throws. When the official hands ball to the shooter, the cheerleaders remain still to model respect to all players.
8. Cheerleaders WILL NOT attend away Basketball games and will only cheer at Home Basketball games.
9. No megaphones, miniature balls, Frisbees', or candy are allowed to be thrown out to spectators at Basketball games.
10. Soccer horns may not be blown at games.

DRILL TEAM

1. The half-time performance should not exceed seven (7) minutes in basketball and ten (10) minutes in football.

Exception: Home team may ask for additional time at half for a special occasion. Home team will notify visiting team coach of the extended half-time prior to the game.

ELIGIBILITY LISTS:

A copy of eligibility list must be submitted to the Utah High School Activities Association through Register My Athlete prior to students participating in any sponsored activity. All additional lists must be filed prior to the seeding program

FEE SCHEDULE:

Football and Special Region Activities

\$5.00 – Senior Citizens & Students

\$10.00 – Adults

FREE - Cheerleaders in uniform and accompanied by their advisor

FREE - Admit properly identified student body officers only

Boys & Girls Basketball

\$5.00 for Adults, Students, & Senior Citizens - Sales will begin at 4:30 p.m. for each game

**** All Ticket Sales will be exclusively ONLINE, except for Senior Citizens which each school will determine how these tickets are purchased and obtained**

Region Tournament Pricing will follow UHSAA State Tourney Prices

FOOD:

1. NO warmers or crock pots, griddles, etc. are permitted within the gymnasium (home or away)
2. The home team is permitted to have food items in a separate location from the gymnasium (hallway, team room, etc.)
3. Visiting teams are only allowed to bring grab n go items. They WILL NOT have access to tables, electrical outlets, or physical space to accommodate meals.
4. If people are found violating this it will be at \$100 fine which will come out of the budget of the team.

FRONT ROW SEATING:

1. The front row of basketball bleachers should be left vacant if possible. Students may stand on the front row but may not sit there.

FINES FOR VIOLATIONS:

1. The Region I Board of Managers for flagrant violations of the rules regulating student behavior may do one or more of the following:
 - a. Up to a \$1000 fine
 - b. Time changes for future games
 - c. Not allowing certain fans or groups of fans to attend Region I events
 - d. Other necessary action that the Region I Board of Managers is appropriate.

MASCOTS:

1. Mascots will be allowed at all Region games. Mascots must stay on their sideline.

PASSES HONORED:

- Utah High School Activities Association
- Region I Passes & Press Passes

SENIORS & JV SPORTS:

Seniors transfers who have 50% eligibility CANNOT compete in JV. Coaches need to disclose their seniors they intend of playing JV to all other coaches before the season starts, and also let the opposing coach know of their intention to play a senior the day before each contest as a reminder.

STADIUM/GYM EVENTS:

For any events in a stadium (Football, Lacrosse, Soccer, etc.) fans must sit on opposite sides of the field. For events in a gym, fans need to sit in the correctly labeled areas for their school.

STUDENT BEHAVIOR AT GAMES:

1. Students are encouraged to participate in organized cheers and show good sportsmanship at all events.
2. Students will not participate in organized, obscene or derogatory cheers, organized cheers directed at an individual player, organized back turning or other unsportsmanlike conduct.
3. Fans are required to wear shirts.
4. Only coaches, administrators, officials, and press are allowed on sidelines.
5. Per decision of Region Board of Managers on January 22, 2014, should a student body enter the playing surface (field, court, etc.) prior to competing teams shaking hands and leaving the playing area, a \$200 fine will be imposed to the school(s) in violation. This action is to prevent possible confrontation between schools at the conclusion of the contest.

OFFICIATING

1. A current employee of a Region 1 school may not officiate in any varsity region game involving their school or a school in which their children attend.
2. Region 1 school employees will be allowed to officiate varsity pre-season games.

PRE-GAME

1. All pre-game activities will conclude in sufficient time to commence the official play at the official starting time.

PUBLIC ADDRESS SYSTEM:

1. Public address systems should not be used as a cheerleading instrument.
2. Game announcers should be as objective as possible.

WATER:

1. Home team will provide water for visiting team in all sports and have it available on the sideline/venue

Principals Are Instructed To Make The Rules And Policies Known To Student Leaders, Cheerleaders, Drill Teams And Other Parties At The Beginning Of Each School Year.

REGION 1 STUDENT AND SPECTATOR SPORT ITEMS & SPORTSMANSHIP

In the chart below, **ONLY** those items marked “Yes” will be allowed as support items at UHSAA state tournaments and meets. It is recommended that schools follow these same regulations during regular season and region tournament play. Sportsmanlike vocal cheering and support from team bench area are encouraged. One school flag designated and controlled by school administration, will be allowed at State. At indoor venues, the school flag must remain stationary; at outdoor venues, it may be mobile if it does not disrupt spectators & remains on the sidelines nearest the school’s section.

LEGEND:

BB -Baseball

DR -Drill Team

SC -Soccer

TE -Tennis

WR -Wrestling

BSK -Basketball

FB -Football

SB -Softball

TR -Track & Field

LAX - Lacrosse

CC -Cross Country

GO-Golf

SW -Swimming

VB -Volleyball

[illegible]

REGION ONE MEMBER SCHOOLS

Davis High School		
Principal	Address	Contact
Lori Hawthorne	325 Main Street	801-402-8800
Lhawthorne@dsdmail.net	Kaysville, UT 84037	801-402-8801 FAX
Farmington High School		
Principal	Address	Contact
Justin Whittaker**	548 West Glovers Lane	801-402-9050
JuWhittaker@dsdmail.net	Farmington, UT 84025-0588	801-402-9051 FAX
Layton High School		
Principal	Address	Contact
Brock Jackman	440 Wasatch Dr	801-402-4800
BJackman@dsdmail.net	Layton, UT 84041	801-402-4801 FAX
Syracuse High School		
Principal	Address	Contact
Brad Chapple	665 S 2000 W	801-402-7900
BChapple@dsdmail.net	Syracuse, UT 84075	801-402-7901 FAX
Weber High School		
Principal	Address	Contact
Ryan Kachold	430 West Weber High Drive	801-476-3700
RyKachold@wsd.net	Pleasant View, UT 84414	801-476-3799 FAX

**** Region Chair**

PRINCIPALS' ASSIGNMENTS

REGION CHAIR:

Justin Whittaker, Farmington

FALL SPORTS	School in Charge	Principal
Boys Golf	Farmington	Justin Whittaker
Cross Country – Boys & Girls	Farmington	Justin Whittaker
Football	Davis	Lori Hawthorne
Girls Soccer	Layton	Brock Jackman
Girls Tennis	Syracuse	Brad Chapple
Girls Volleyball	Syracuse	Brad Chapple
WINTER SPORTS	School in Charge	Principal
Basketball – Boys & Girls	Farmington	Justin Whittaker
Cheerleading	Weber	Ryan Kachold
Drill	Weber	Ryan Kachold
Swimming	Davis	Lori Hawthorne
Wrestling	Syracuse	Brad Chapple
SPRING SPORTS	School in Charge	Principal
Baseball	Layton	Brock Jackman
Boys Soccer	Layton	Brock Jackman
Boys Tennis	Syracuse	Brad Chapple
Boys Volleyball	Syracuse	Brad Chapple
Girls Golf	Farmington	Justin Whittaker
Lacrosse – Boys & Girls	Weber	Ryan Kachold
Softball	Davis	Lori Hawthorne
Track & Field – Boys & Girls	Davis	Lori Hawthorne
OTHER ACTIVITIES	School in Charge	Principal
Theater	Weber	Ryan Kachold
Forensics/Debate	Layton	Brock Jackman
Music	Davis	Lori Hawthorne

REGION 1 TROPHIES AND AWARDS

BOYS & GIRLS SPORTS		BOYS SPORTS	
CROSS COUNTRY	One (1) region meet trophy Medals for places 1 through 12	FOOTBALL	One (1) championship trophy
BASKETBALL	One (1) championship trophy	BASEBALL	One (1) championship trophy
WRESTLING	One (1) region meet trophy	GIRLS SPORTS	
	One (1) region meet trophy	Number of awards will align with the number of teams going to state.	
	Medals for places 1 through 6	One (1) region meet trophy for the Region Champion	
SWIMMING	Medals for first place relay team	DRILL TEAM	Three (3) plaques, or trophies, for overall 2nd, 3rd, and 4th place winners
			Plaques for each category winner (1st - 4th place): Military, Dance, and Kick/Character
			Medallions for top three (3) in the Drill Down
			Certificates for All-Region Team (three from each school)
TENNIS	One (1) region trophy Medals for Places 1 st Place	SOFTBALL	One (1) championship trophy
TRACK & FIELD	One (1) region meet trophy Medals for places 1 through 5 Medals for first place relay team	OTHER COMPETITIONS	
	One (1) region meet trophy One (1) marked medal for low medalist	One (1) region meet trophy Medals for individual events 1 through 5 in the following categories: National Extemporaneous, Impromptu Extemporaneous, Impromptu, Oratory, Lincoln Douglas, Student Congress (30 medals) Medals for team debate (2 in each place) 1 through 5	
GOLF	Medals for the next ten (12) all-region	FORENSIC (Speech)	
LACROSSE	One (1) Region Championship Trophy	DRAMA	Medals
SOCCER	One (1) championship trophy		Certificates--Solo and Ensemble Instrumental
VOLLEYBALL	One (1) championship trophy	MUSIC	Certificates--Solo and Ensemble Vocal Certificates--Individuals receiving Superior

** In the case of a tie, trophies will be awarded to all champions

Schedule Information

- Schedules are binding contracts between the schools involved.
- Any modifications to region game times, locations, or dates must be approved by the Region 1 Board members (principals) from the affected schools. This does not apply to rainouts. Please note that schedules are set well in advance, and last-minute changes can have a significant impact on school personnel, parents, students, and community members.
- Flagrant violations could result in a fine up to \$250.00.
- In the interest of sportsmanship, any lack of honest effort (in the hopes of gaining a favorable seed in state competition) will face consequences determined by the Board of Managers. (i.e. playing non-starters in varsity competition)

Protests

“All protests concerning the outcome of a Region I game or contest must be made and concluded by appropriate officials and school leaders prior to the end of each game or contest. After a game or contest has been completed protests regarding the outcome are not allowed.” [Refer to UHSAA by-laws, Article III, Section 2]

If the contest is under protest the school and game officials must be notified immediately at the end of the game or contest before they leave that site.

REGION SPORT/ACTIVITY ROTATION

1. On the realignment years, the order teams play each other will be redrawn which will then be the order for the next two years, just flip flopping the home and home.

CONTEST LIMITATIONS

Any meet in which one (1) or more students participate counts as a meet for that school in individual/team sports of cross country, golf, gymnastics, swimming, tennis, and track. The following contest limitations apply to sophomore, junior varsity, and varsity level competition from the starting date until one (1) week prior to the state meet or tournament.

1. BASEBALL: Twenty-five (25) games. Each game played counts as one game
2. BASKETBALL: Twenty (23) games if no-region post-season tournament is held. 21 games, at all levels, if post-season tournament is held. **Each game played counts as one game.**
3. COMPETITIVE CHEER: Teams may only compete in a TOTAL of four (4) competitions prior to the divisional and state competition. Participation in a UHSAA Live Judging Practicum does not count towards the contest limitations. Team are limited to (1) entry per category. Competitive Cheer teams may only participate in UHSAA sanctioned competitions.
4. CROSS COUNTRY: Ten (10) meets. The UHSAA Cross Country Meet DOES NOT count toward the contest limitations.
5. DRILL TEAM: Four (4) qualifying competitions (Region counts as a qualifying). The live practicum does not count toward the contest limitations.
6. FOOTBALL: Nine (9) games + Endowment Game but schools may not play alumni teams in an endowment game. **Each game played counts as one game.**
7. GOLF: Ten (10) matches (Boys and Girls). One (1) multi-day event may count as (1) meet.
8. LACROSSE: Sixteen (18) games. **Each game played counts as one game.**
 - a. Each team can attend one tournament where they may choose one of two options:
 - i. Team may play tournaments where two regulation-length games count as (1) game, 2-for-1, with each game afterwards counting as one game or
 - ii. Teams may play tournaments where up to six (6) shortened-length games count as two (2) games, (6-for-2), with each game afterwards counting as one (1) game. Teams may only use one of these tournament exemptions in each season.

9. GIRLS SOCCER: Eighteen (18) matches. **Each game played counts as one game.** Each team is allowed to attend one tournament where they may play up to three games and count it as two contests toward the contest limit. A tournament must be sanctioned as per UHSAA guidelines and occur on consecutive days (excluding Sunday). If the tournament exceeds three games, any additional games would count “one for one” against contest limitations.
10. BOYS SOCCER: Fourteen (17) matches (until further notice). **Each game played counts as one game.** A tournament must be sanctioned as per UHSAA guidelines and occur on consecutive days (excluding Sunday).
11. **SOFTBALL:** Twenty-two (28) games. **Each game played counts as one game**
12. SWIMMING: Fourteen (14) regular meets per individual. Region & State Championships do not count as part of the 14-meet limit.
13. TENNIS: Sixteen (18) meets.
 - a. The number of meets counted for a tennis tournament (competition among four or more schools) shall be equal to the number of days scheduled for the tournament, e.g. a one (1) day tournament shall count as one (1) meet, and a two (2) day tournament shall count as two (2) meets, etc.
14. TRACK: Twelve (12) meets per individual. An individual may participate in no more than eight (8) qualifying meets in addition to the region meet.
15. GIRLS & BOYS VOLLEYBALL: 28 Matches. Each match played counts as one match. The following guidelines pertain to Varsity tournaments:
 - i. No more than 8 total matches in a tournament and no more than 4 matches in a single day. Guidelines for sub-varsity tournament: (2 out of 3 matches): No more than 9 total matches in a tournament and no more than 7 matches in a single day. Tournaments may not exceed 3 days in length.
16. WRESTLING: Each high school team will be able to utilize (16) contact points.
 - a. Each dual will count as one
 - b. Each tournament will count as one contact point.
 - c. Teams will not be able to compete in more than 6 tournaments before the post-season qualifying and state tournaments.
 - d. Team may not compete in more than 3 dual meet style tournaments
17. MUSIC: Three (3) contests
18. SPEECH: 10 meets per individual

Per UHSAA Executive Committee Ruling, team must participate in a determined MINIMUM number of contents to be eligible for postseason.

- Baseball (15)
- Basketball (12)
- Football (6)
- Lacrosse (10)
- Soccer (10)
- Softball (13)
- Volleyball (11)



Davis High School

Address: 325 Main Street
Kaysville, UT 84037
Phone: 801-402-8800
Mascot: Darts
Colors: Brown & Gold

Administration	Name	Contact Phone
Principal	Lori Hawthorne	
Assistant Principal	Todd Hammond	
Assistant Principal	Stacey Jackson	
Assistant Principal	Doug Peterson	
Athletic Director	Bo Roundy	
Assistant Athletic Director	Megan Tarbet	
Fall Sports		
Golf, Boys	Josh Roberts	
Cross Country – Boys	Jami Caldwell	
Cross Country – Girls	Jami Caldwell	
Football	Scott Peery	
Girls Soccer	Dillon Richens	
Girls Tennis	Ryne Hazen	
Girls Volleyball	McKay Barker	
Winter Sports		
Boys Basketball	Chad Sims	
Cheerleading	Prezley Potter	
Drill	Kira Mortenson	
Girls Basketball	Nicole Waddoups	
Swimming	Kit Barker	
Wrestling – Boys	Bo Roundy	
Wrestling – Girls	Matt Hoskins	
Spring Sports		
Baseball	Josh Godfrey	
Boys Soccer	Dillon Richens	
Boys Tennis	Ron Hubrich	
Boys Volleyball		
Girls Golf	Mikey Jerman	
Lacrosse – Boys	Trevor Yocom	
Lacrosse - Girls	Devin Williams	
Softball	Todd Street	
Track & Field – Boys	Duren Montgomery	
Track & Field – Girls	Jeff Agnello	
Activities		
Drama	Michael Wright	
Forensics/Debate	Natalie Leavitt	
Music, Instrumental	Mike Crookston	
Music, Vocal	Marci May	



Farmington High School

Address 548 West Glovers Land
Farmington, UT 84025-0588
Phone 801-402-9050
Mascot Phoenix
Colors Teal/Silver/White/Black

Administration	Name	Contact Phone
Principal	Justin Whittaker	
Assistant Principal	Kim Augustin	
Assistant Principal	Ross Harris	
Assistant Principal	Mylei Zachman	
Athletic Director	Kasey Walkenhurst	
Fall Sports		
Golf, Boys	Eric Bumstead	
Boys Cross Country	Ben Jacobsen	
Football	David Fiefia	
Girls Cross Country	Ben Jacobsen	
Girls Soccer	Sarah Beecher	
Girls Tennis	Craig Bell	
Girls Volleyball	Erin Glover	
Winter Sports		
Boys Basketball	Kasey Walkenhurst	
Cheerleading	Kelli Ellis	
Drill	Shalice Larsen	
Girls Basketball	Tara Ferrin	
Swimming	Stacy Edholm	
Wrestling - Boys	Luis Cruz	
Wrestling – Girls	Matt Kartchner	
Spring Sports		
Baseball	Sam Marx	
Boys Soccer	Britain Thomas	
Boys Tennis		
Boys Volleyball	Shantel Fulton	
Girls Golf	Stephanie Belnap	
Lacrosse – Boys	Scott Beynon	
Lacrosse - Girls	Jocelyn Jensen	
Softball	Adam Grimaldo	
Track & Field – Boys & Girls	Ben Jacobsen	
Activities		
Drama	Ethan Blair	
Forensics/Debate	Brooklyn Davis	
Music, Instrumental	Brek Mangelson	
Music, Vocal	Becca Rhodes	



Layton High School

Address 440 Wasatch Dr
Layton, UT 84041
Phone 801-402-4800
Mascot Lancers
Colors Navy Blue/Columbia Blue

Administration	Name	Contact Phone
Principal	Brock Jackman	
Assistant Principal	Eric Castro	
Assistant Principal	Liz Cannon	
Assistant Principal	Adam King	
Assistant Principal	Nichole Higgins	
Athletic Director	Brian Berrong	
Fall Sports		
Golf, Boys	GT Luna	
Boys Cross Country	Carrie Fredin	
Football	Trevor Thomas	
Girls Cross Country	Carrie Fredin	
Girls Soccer	Tara Ferrin	
Girls Tennis	Craig Hendrix	
Girls Volleyball	Hannah DeYoung	
Winter Sports		
Boys Basketball	Kelby Miller	
Cheerleading	Bailee Reyes	
Drill	Michelle Reed	
Girls Basketball	Jerrell Stewart	
Swimming	Rachelle Woodbury	
Wrestling - Boys	Adam Fager	
Wrestling – Girls	Marc Fenwick	
Spring Sports		
Baseball	Robert Ferneau	
Boys Soccer	Rick Talamentez	
Boys Tennis	Craig Hendrix	
Boys Volleyball	Bonnie Riley	
Girls Golf	Justin Henriksen	
Lacrosse – Boys	Tim Richards	
Lacrosse - Girls	Rylee Webster	
Softball	Kiley Crocket	
Track & Field – Boys	Kevin Woodbury	
Track & Field – Girls	Carrie Fredin	
Activities		
Drama	Jason Campbell	
E-Sports	Sam Adams	
Forensics/Debate	Nathan Gillman	
Music, Instrumental	Jim Follett	
Music, Vocal	Angie Petty	



Syracuse High School

Address 665 S 2000 W
Syracuse, UT 84075

Phone Number 801-402-7900

Mascot Titans

Colors Navy Blue/Green

Administration	Name	Contact Phone
Principal	Brad Chapple	
Assistant Principal	Erin Stumo	
Assistant Principal	Katie Federiksen	
Assistant Principal	Steve Loveland	
Assistant Principal Intern		
Athletic Director	Troy Brown	
Fall Sports		
Golf, Boys	Mike Smith	
Boys Cross Country	Stephanie Chambers	
Football	Mitch Tulane	
Girls Cross Country	Stephanie Chambers	
Girls Soccer	Jason Steiner	
Girls Tennis	Heidi Brophy	
Girls Volleyball	Megan Allred	
Winter Sports		
Boys Basketball	Greg Godderidge	
Cheerleading	Sienna Gibson	
Drill	Rylee Moon	
Girls Basketball	Braden Hamblin	
Swimming	Kari Cunningham	
Wrestling - Boys	Troy Brown	
Wrestling - Girls		
Spring Sports		
Baseball	Derrick Thomas	
Boys Soccer	Josh Kealamakia	
Boys Tennis	Steve Vorasane	
Boys Volleyball	Corrie Vigil	
Girls Golf	Tony Wilson	
Lacrosse – Boys	Jonah Warnick	
Lacrosse - Girls	Ashtyn Stoor	
Softball	Kristy Knight	
Track & Field - Boys	Randy Wheeler	
Track & Field – Girls	Logan Donaldson	
Activities		
Drama	Christine Detweiler	
Forensics/Debate		
Music, Instrumental	Wyatt Gilles	
Music, Vocal	Nathan Egan	



Weber High School

Address 430 W Weber High Drive
Ogden, UT 84414
Phone 801-476-3700
Mascot Warriors
Colors Red & Black

Administration	Name	Contact Phone
Principal	Ryan Kachold	
Assistant Principal	Taylor Allen	
Assistant Principal	Brook Young	
Assistant Principal Intern	Ryan Gross	
Athletic Director	Trevor Howell	
Fall Sports		
Golf, Boys	Chris Torgerson	
Boys Cross Country	David Joy	
Football	Mo Cannon	
Girls Cross Country	David Joy	
Girls Soccer	Heather Carter	
Girls Tennis	Kaitlan Toole	
Girls Volleyball	Renae Davis	
Winter Sports		
Boys Basketball	Landon Cosby	
Cheerleading	Emma Heiner	
Drill	Shelbee Lawson	
Girls Basketball	Trevor Howell	
Swimming	Henderson Bird	
Wrestling (Boys & Girls)	Brad Hess	
Spring Sports		
Baseball		
Boys Soccer	Dave Beus	
Boys Tennis	Kaitlan Toole	
Boys Volleyball	Derek Bowles	
Girls Golf	Bayleigh Boswell	
Lacrosse – Boys	Randy Allred	
Lacrosse – Girls	Krista Call	
Softball	Mercedes O’Connor	
Track & Field - Boys	Greg Hyde	
Track & Field – Girls	Greg Hyde	
Activities		
Drama	Mark Daniels	
Forensics/Debate	Adam Webster	
Music, Instrumental	Taylor Van Bibber	
Music, Vocal	Caleb Saunders	

BOYS GOLF RULES 2025-26
RESPONSIBLE SCHOOL – FARMINGTON HIGH SCHOOL

Start Date:	July 28, 2025
First Game:	August 4, 2025
State Entry Deadline:	September 30, 2025
State Tournament:	October 6 th & 7 th @ Sleepy Ridge
Game/Match Limit:	10 Matches
Moratorium Dates:	June 30 – July 6 November 27-30 December 1-January 3 June 29-July 5 (2026)

1. Home school/coach will act as tournament director.
2. Each school(coach) will be required to conduct a rules clinic. All players need to have a general knowledge of the rules of golf.
3. Region meets will be scored as follows for teams:
 - a. 1st = 7 points 2nd = 5 3rd = 4 4th = 3 5th = 2 6th = 1
 - b. Shared points will be awarded for ties.
4. Region meets - Top 10 and ties will be announced and recognized.
5. The end of the season region tournament will be scored as follows:
 - a. 14-10-8-6-4-2
 - b. There will be shared points awarded for ties.
 - c. If there is a tie for the Region Championship or State Qualification, there will be a team sudden death play-off. Coaches involved will pick their 4-man play-off team.
6. The Region Tournament will be a 2-day tournament.
7. Each player will be required to have a score card. Players will exchange score cards on the first tee. The exchange will be in a circle not one to one.
8. Each team will consist of 8 players, of which the best 4 scores will be counted.
9. No caddies will be allowed any meets.
10. Appropriate attire is encouraged at all region meets. Shorts (subject to local course rules) are allowed. NO DENIM (jeans or shorts).
11. Play will be from the tees stipulated by the tournament director.
12. Meets will be shotgun starts unless otherwise designated.
13. In case of bad weather or darkness, the coaches will make judgment to continue or postpone. Player safety needs to be central to the decision. Error on the side of safety.

14. Rained out, canceled, or postponed matches will be re-scheduled at the convenience of the golf course. If weather occurs during a region match and play cannot finish, if there are 9 holes that the entire field has completed, then the tournament will revert to a 9-hole tournament (must be 9 holes that each golfer has in common. Example: the front 9 has been completed by all golfers in the field)
15. The tournament committee in making all weather and rule decisions will consist of the Tournament Director, Region 1 Coaches, and Golf Course Personnel (the Head Pro if available).
16. All region teams are based on stroke average, but lowest 2 scores or tournaments where the athlete didn't play are removed. All scores at the 2-day region tournament must be counted towards their stroke average. Those who don't play at the region tournament cannot be on an all-region team. Coaches discretion on any special circumstances.
17. A region trophy will be awarded to the Region Champion. Twelve **(12)** medals will be awarded to the region low medalist and all-region team.
18. Starting tee times will be by the “rule of golf” and State meet rules—2 strokes for being 5 minutes late. Later than 5 minutes – is disqualified.
19. Play to be governed by the USGA rules, stroke play and local course rules. Proper golf conduct and etiquette is not only expected, but required.
20. Checking of score cards after rounds will be done by region coaches only and appropriate golf course personnel.
21. Total match limit is 10, excluding the state meet.
22. Coaches will be limited to 2 coaches per school. Only 2 coaches can coach and assist kids. However, each school is limited to 1 complimentary cart. A 2nd cart must be rented through the golf course. Expectation is for coaches to assist and coach players on their teams, as well as assist groups in rules and conduct issues.
23. Spectators are expected to adhere to the 50-foot rule. Warnings and penalties will be assessed by coaches and tournament committee members.

Boys Golf Schedule 2025-26

Date	Place	Time **
Monday, August 4	The Barn	8 a.m.
Friday, August 8	Lakeside	8 a.m.
Monday, August 11	Valley View	8 a.m.
Thursday, August 14	The Bluff	
Monday, August 25	Remuda	8 a.m.
Tuesday, September 2	Davis	8 a.m.
Tuesday, September 9	Glen Eagle	8 a.m.
Monday, September 22	Hubbard	8:30 a.m.
Thursday, September 25	Sleepy Ridge	8 a.m.
Monday, October 6 & Tuesday, October 7	Sleepy Ridge (STATE)	TBA

*All start times are Shotgun starts with the exception of the State Tournament

** JV 18 Holes

CROSS COUNTRY (BOYS & GIRLS) RULES 2025-26

RESPONSIBLE SCHOOL: FARMINGTON HIGH SCHOOL

Start Date:	July 28, 2025
First Game:	August 4, 2025
End Date:	October 18, 2025
State Entry Deadline:	October 20, 2025
State Meet:	October 28 th & 29 th
Meet Limits:	10 Meets
Moratorium Dates:	November 27-30 December 21-25; January 1 March 1-29 June 29 – July 5

1. All schools are invited to the Open Region meets. It is not mandatory that a school attend all meets. However, it is required that all schools notify the host school of their intentions at least one week prior to the scheduled meet.
2. All Open Region meets will begin at 3:30 p.m. unless there are extenuating circumstances and a mutual agreement between coaches (for that meet).
3. Directions to the meet site and a map of the course must be sent to the visiting coaches prior to the meet date. Courses should be well marked and should range from 2.5-3.1 miles.
4. Suggested order of races is girls, then boys. In meets with less than five schools, the races do not need to be divided into varsity and JV divisions.
5. It is recommended that host schools provide a copy of all results by the same day as the meet.
6. The winner of the region trophy will be determined by the team scores at the region meet.
7. Medals will be awarded to the top 10 finishers in the Region meet in both the boys and girls varsity races.
8. Three paid officials will be arranged to start, score and referee the Region meet. Each school will provide two (2) volunteers for the Region meet.
9. Schools may enter ten (10) runners in the Region Championship Varsity races but must designate the seven (7) scoring runners. Non-scoring runners must have a non-scoring tag and may not wear their normal team uniform.
10. In order to participate in the Region Championship, a runner must participate in at least two (2) previous meets. Exceptions will be made for illness and injuries. Each coach will be expected to police his/her own team.
11. In addition to the members of the qualifying teams, the top three individual runners who are not members of one of the qualifying teams will advance to the State Championships.

12. Any individual who is not on a qualifying team and who did not qualify through item 11 who finishes in the top 10 overall at the region meet will advance to the State Championships.
13. Each team may compete in a maximum of ten (10) meets excluding the Region and State Championships.

CROSS COUNTRY SCHEDULE 2025-26

Thursday, August 14th

Pre-Region @ Weber County Fairgrounds

Saturday, August 16th

Freber Classic @ Fremont

Wednesday, September 10th

Ogden City/Weber County @ Weber County Fairgrounds

Wednesday, September 17th

Davis District Championships @ Layton Park

Wednesday, October 8th

Region Championships @ Weber County Fairgrounds

Wednesday, October 29th

State Championships @ Regional Athletic Complex

REGION 1 COACHES CONTACT LIST

<u>School</u>	<u>Coach</u>	<u>E-mail</u>
Davis	Jami Caldwell	Jami.Caldwell@gmail.com
Farmington	Ben Jacobsen	bjacobson@dsdmail.net
Layton	Aaron Bell	abell@dsdmail.net
	Carrie Fredin	carriefredin@gmail.com
Syracuse	Stephanie Chambers	Chambers.steph@gmail.com
Weber	David Joy	dajoy@wsd.net

FOOTBALL RULES 2025-26
RESPONSIBLE SCHOOL: DAVIS HIGH SCHOOL

Start Date: July 28, 2025
Endowment Games: August 15th or 16th
First Game: August 20th (Sub Varsity) & August 21st (Varsity)
End Date: October 17, 2025

Bracket Reveal: October 18, 2025 @ 10 a.m.

Game/Match Limit: 9 + Endowment Game

Moratorium Dates: November 22 – December 7
December 21 – 25; January 1
February 16 – March 2
June 29 – July 5 (2026)

1. All varsity games will start at 7:00 p.m.
2. It looks like it was entered incorrectly, so it started over in the workflow, which means it's waiting on Rod to approve again, and he's SO SLOW. Each region school will play a full schedule of Sophomore and JV games. Coaches need to let other coaches in the region know by July 15th if there is no Sophomore or JV Teams so coaches can schedule appropriately. Any cancelled games after July 15th will result in a \$250 fine per game. All games will start at 3:30pm. NO EVENING games unless approved by the principals.
3. JV & Sophomore games will be played at the opposite location as the Varsity. JV play will begin at 4 p.m. and Sophomore games at 6:00 p.m. (Sophomore game begins 30 minutes after the conclusion of the JV game)
4. Home team wears dark jerseys. Visiting team wears light or white jerseys.
5. All schools are required to use adults on the chain and down marker. (Varsity Only)
6. In case of a tie game, the tiebreaker rule applies.
7. Scouting is to be done from the spectator stands and no video filming of future opponents will be allowed at Varsity, JV, or Sophomore games.
8. It is the responsibility of the home team school to keep the field sidelines clear.
9. Home team is responsible for emergency medical care.
10. Head coaches (or assistant coaches) will have until Saturday 9:00 a.m. (or unless otherwise arranged by both coaches) to exchange the two most recent films. Region 1 Games; practice, league, and post-season games, may be filmed only by the two participating schools. The host school should extend the same courtesy to the visiting photographer as to its own photographer. **Films to be exchanged in Region 1 will be through HUDL and filmed by a responsible adult.** The two coaches will coordinate first film exchange. Films

should include: **Pre-snap set wide angle, scoreboard by quarter, and each scoring play. Film all plays.** Exchange film can be a copy of the original game film.

11. Home teams will film the Sophomore and JV games and exchange film through HUDL with the visiting teams the night of those sub-varsity games.
12. For Varsity games, the home school will provide dressing facilities upon request of visiting school. Chalkboard/whiteboard will be available. Each school will provide their own towels. Home school will clear visiting locker room 1 ½ hours before games and provide a guide for the visiting team, i.e., meet the bus, show locker room, etc. (JV and Sophomores will dress at their own school)
13. Visiting team spotters/coaches (2 coaches maximum) will be allowed on the press box on the home team side of the stadium. *Visiting team coaches at Davis County schools will be assigned to the perch on the visitor's side bleachers if there is not sufficient room in the press box.*
14. The visiting team filmer (1) and staticians will be allowed on the press box on the home side of the stadium.
15. All Region 1 teams are eligible for the state tournament and the Max Preps Rating Percentage Index (RPI) will decide the seeding process.
16. Coaches will communicate with one another on at least two occasions:
 - a. Schedule and team rosters are to be mailed by the A.D. and postmarked to each A.D. by Monday following the season's **first pre-season game, Friday August 11, 2023**. The roster shall contain at least the name, grade, and number of each athlete.
 - b. The coaches **will meet after the last region game** for the purpose of selecting the **All-Region 1 Team**.
17. Any current employee of a school may not officiate in any varsity game in which that school is participating.
18. At the conclusion of the Varsity, JV, or Sophomore games and after the traditional "handshake" visiting teams will not participate in any post game activities. They are to gather up their gear and load the bus.
19. In cases where applicable, ties between football teams for first place in region play will result in co-champions or tri-champions being declared and trophies will be awarded to all teams involved.

Football Coaches Cell Numbers & Email

School	Head Coach	Cell	E-Mail
Davis High	Scott Peery	801-850-7379	speery@dmail.net
Farmington High	David Fiefia	801-979-4632	dfiefia@gmail.com
Layton High	Trevor Thomas	801-726-7717	tthomas@dmail.net
Syracuse High	Mitch Tulane	801-390-6384	mitulane@dmail.net
Weber High	Mo Cannon	801-589-1595	mocannon@wsd.net

Football Schedule – 2025-26

PRESEASON

Friday, August 15

Davis @ Brighton
 Farmington @ Roy
 Tooele @ Layton
 Fremont @ Weber
 Woods Cross @ Syracuse

Friday, August 22

Fremont @ Davis
 Bountiful @ Farmington
 Layton @ Box Elder
 Weber @ Brighton
 Syracuse @ Roy

Friday, August 29

Mountain Ridge @ Davis
 Farmington @ Highland, ID
 Layton @ Northridge
 Roy @ Weber
 Syracuse @ Bountiful

Friday, September 5

Alta @ Davis
 American Fork @ Farmington
 Copper Hills @ Layton
 Viewmont @ Weber
 Rigby, ID, @ Syracuse

Friday, September 12

Davis @ Olympus
 Farmington @ Lone Peak
 American Fork @ Layton
 Weber @ Lehi
 Syracuse @ Alta

REGION STARTS

Friday, September 19

Weber @ Farmington
 Layton @ Syracuse
 Davis @ American Fork

Thursday, September 25

Farmington @ Fremont

Friday, September 26

Syracuse @ Davis
 Layton @ Weber

Friday, October 3

Davis @ Farmington
 Syracuse @ Weber
 Layton @ West Field

Thursday, October 9

Davis @ Layton
 Farmington @ Syracuse
 Weber – BYE

Wednesday, October 15

Weber @ Davis
 Farmington @ Layton
 Syracuse – BYE

GIRLS SOCCER RULES 2025-26

RESPONSIBLE SCHOOL – LAYTON HIGH

Start Date:	July 28, 2025
First Game:	August 4, 2025
End Date:	October 7, 2025
Bracket Reveal:	October 8, 2025 @ 10 a.m.
State Tournament Starts:	October 9, 2025
Game/Match Limit:	18 Endowment Game
Moratorium Dates:	June 30 – July 6, 2025 November 27 – 30 December 1 – January 3 June 29 – July 5, 2026

1. Play will begin on a region basis on September 4, 2025.
 - a. All varsity games will be played at 3:30 p.m. Junior Varsity (reserve) games will be played the same day following the varsity game at same site.
2. If a game ends in a tie the teams will play up to two (2) ten-minute overtime periods in a sudden death format (first team to score wins). If there is no scoring in the overtimes, the game will go to a shootout.
3. In cases where applicable, ties between soccer teams for first place in region play will result in co-champions or tri-champions being declared and trophies will be awarded to all teams involved. Seeding for state tournament play will be determined by the RPI system.
 - a. In the event the RPI system is no longer in use, seeding will be determined by reverting to the region tiebreaker rule.
4. Seniors will not be allowed to play Junior Varsity unless prior discussion by the head coaches.
5. In the event of a postponement, it will be the responsibility of the home team athletic director to notify the visiting school and the officials. Visiting school and officials should be notified as soon as possible.
6. If played on Grass field, teams will sit on one side of the field. Spectators will sit on the opposite side of the field. If games are played on turf, teams will sit on opposite sides of the field and spectators will on the same side of their team.
7. Any necessary changes to these arrangements will be determined between the two principals involved.
8. A \$100.00 fine will be assessed if a coach plays an athlete who has been red carded and turned into the State. Athletes will not be allowed to participate in the succeeding varsity game. Fines payable to Region 1.
9. Junior Varsity games will consist of two 40-minute halves, weather and light permitting.
10. Teams will play their region games as agreed upon (region planning meeting) as the schedule dictates.

11. According to Federation Rules, the Home Team will wear their **DARK** jerseys while the visiting team will wear their **WHITE**.
12. An all-region team will be selected in the following format:
 - a. 1st place will select 4 players
 - b. 2nd place will select 3 players
 - c. 3rd place will select 3 players
 - d. The remaining teams will select 1 or 2 players

Girls Soccer Schedule 2025-26

Thursday, September 4

Syracuse @ Farmington
Layton @ Weber
Davis - BYE

Tuesday, September 9

Farmington @ Layton
Davis @ Syracuse
Weber - BYE

Thursday, September 11

Layton @ Davis
Weber @ Farmington
Syracuse - BYE

Tuesday, September 16

Davis @ Weber
Syracuse @ Layton
Farmington - BYE

Thursday, September 18

Weber @ Syracuse
Farmington @ Davis
Layton - BYE

Tuesday, September 23

Farmington @ Syracuse
Weber @ Layton
Davis - BYE

Thursday, September 25

Layton @ Farmington
Syracuse @ Davis
Weber - BYE

Tuesday, September 30

Davis @ Layton
Farmington @ Weber
Syracuse - BYE

Thursday, October 2

Weber @ Davis
Layton @ Syracuse
Farmington - BYE

Tuesday, October 7

Syracuse @ Weber
Davis @ Farmington
Layton - BYE

GIRLS TENNIS RULES 2025-26

RESPONSIBLE SCHOOL: SYRACUSE HIGH

Start Date:	July 28, 2025
First Game:	August 4, 2025
End Date:	September 23, 2025
State Roster Entry Deadline:	September 24, 2025
Bracket Reveal:	September 25, 2025 @ 10 a.m.
State Tournament Starts:	September 27, 2025
Game/Match Limit:	18 Matches
Moratorium Dates:	June 30 – July 6, 2025 November 27 – 30 December 1 – January 3 June 29 – July 5, 2026

1. Play will begin on a region basis beginning on Tuesday, August 14th
2. Schools may have Varsity and JV level teams. Teams will consist of 7 players--3 singles players and doubles teams.
3. A maximum of 18 matches may be played plus region and state meets.
4. Region matches are scheduled to begin by 3:30 p.m. If teams arrive early may start at 3:00 pm
5. Matches to be played according to the schedule (subject to weather and court conditions). Host coach will be responsible to contact the visiting coach regarding the number of players for that day, court location, and/or cancellation and rescheduling plans by 1:00 p.m.
6. Matches and court conduct are to be governed by USTA rules, i.e. (Racket, verbal abuse, and foot faults).
7. Matches will consist of two out of three sets--12-point tie break at 6-6. If coaches agree, 3rd set will be the super tie breaker (10 pt), in case of darkness or weather conditions the super tie breaker (10 pt), in case of darkness or weather conditions.
8. Home team furnishes the balls (high altitude).
9. Players will be required to wear school color shirts with school logo and school color shorts. Warm-ups may be worn during inclement weather.
10. Players are limited to a 5-minute warm-up period with practice serves being taken during this time. Coaches should control the warm-up time.

11. Coaches will play their best players in rank order in singles and the doubles should be in ranked as a team.
12. A coach may move players from singles to doubles and vice versa. However, the players must be ranked according to ability in either position.
13. A player/doubles team must play 50% of the region matches to qualify for state tournaments.
14. The region team championship will be determined as follows:
 - a. 1 point for each region dual meet won.
 - b. Finish of each player/team in region tournament.
 - c. 6 points for 1st--5 points for 2nd, etc.
 - d. If 5th & 6th are not played then scoring will be 4, 3, 2, 1
15. Coaching will be allowed after third game and on odd game changeovers and on mandatory 3-minute break between sets. No rest period or coaching between the 1st and 2nd game. Rest periods begin on the 3rd game changeover.
16. Bathroom breaks are permissible if taken within the allotted 3 minutes or a reasonable amount of time.
17. ***All coaches must wear UHSAA Coaches Credential ID at Divisional and State Tennis Tournament.***

Girls Tennis Schedule 2025-26

Thursday, August 14

Farmington @ Syracuse
Weber @ Layton
Davis – Bye

Tuesday, August 19

Layton @ Farmington
Syracuse @ Davis
Weber - Bye

Thursday, August 21

Davis @ Layton
Farmington @ Weber
Syracuse - BYE

Tuesday, August 26

Weber @ Davis
Layton @ Syracuse
Farmington - BYE

Thursday, August 28

Syracuse @ Weber
Davis @ Farmington
Layton - Bye

Thursday, September 4

Syracuse @ Farmington
Layton @ Weber
Davis - BYE

Tuesday, September 9

Farmington @ Layton
Davis @ Syracuse
Weber - BYE

Thursday, September 11

Layton @ Davis
Weber @ Farmington
Syracuse - BYE

Tuesday, September 16

Davis @ Weber
Syracuse @ Layton
Farmington - BYE

Thursday, September 18

Weber @ Syracuse
Farmington @ Davis
Layton - BYE

Monday, September 22nd &

Tuesday, September 23rd

Region Tournament @
West Field High School

GIRLS VOLLEYBALL RULES 2025-26

RESPONSIBLE SCHOOL – SYRACUSE HIGH SCHOOL

Start Date: July 28, 2025
First Game: August 4, 2025
End Date: October 21, 2025

Bracket Reveal: October 22, 2025 @ 10 a.m.
State Tournament Starts: October 24, 2025

Game/Match Limit: 28 Games

Moratorium Dates: June 30 – July 6, 2025
November 27 – 30
December 21 – December 25; January 1
June 29 – July 5, 2026

1. All varsity matches will be best three out of five sets. Sets 1-4 played to 25 points with no cap with a fifth and deciding set, if necessary, which will be played to 15 points with no cap. Varsity matches have two timeouts in each set.
2. Schedule will be as follows:
 - a. 3:30 p.m. Sophomore – Best of 3 Format
 - b. 5:00 p.m. Varsity – Best 3 of 5 with Sets 1-4 to 25 and Set 5 to 15
 - c. 6:30 p.m. or after Varsity Best of 5 with games 3-5 to 15
3. Warm up time will be 4-4-2. Four minutes for visitors, four minutes for home team, and two minutes shared serving.
4. Region Play will begin on August 30, 2022
5. Seeding for the State Tournament will be determined by the UHSAA RPI System.
6. Contest limitation for volleyball will be 14 matches and two (2) tournaments with the following guidelines for tournaments: no more than nine (9) total matches in a tournament, no more than seven (7) matches in a given day, and tournaments may not exceed three (3) days. Teams may play 15 matches and one tournament, or 16 matches with no tournaments.
7. Home team will:
 - a. Provide two-line judges, a score keeper, a libero tracker, and a score board operator for all three matches – please make sure they are trained.
 - b. Have the net setup up by 3:00 pm.
 - c. Provide people to run a 3-ball rotation during all matches and provide 3 game balls.
 - d. Call in the score and highlights after the match.
8. Before leaving the gym, the visiting team will:
 - a. Give the home coach stats/highlights they want reported to news media and MaxPreps.
 - b. Clean up the bench area they last occupied.
 - c. No outside food in the gym!
9. Seniors will NOT be allowed to play Junior Varsity unless agreed upon by both Head Coaches.
10. The coaches will have a meeting at a date to be announced to select the All-Region teams.

11. Senior night recognition kept to a 10-15 minute maximum
12. Visiting team sack lunch ONLY! Home team will not ALLOW any warm food set up!

Volleyball Schedule 2025-26

Thursday, September 11

Layton @ Davis
Weber @ Farmington
Syracuse - BYE

Tuesday, September 16

Davis @ Weber
Syracuse @ Layton
Farmington - BYE

Thursday, September 18

Weber @ Syracuse
Farmington @ Davis
Layton - BYE

Tuesday, September 23

Farmington @ Syracuse
Weber @ Layton
Davis - BYE

Thursday, September 25

Layton @ Farmington
Syracuse @ Davis
Weber - BYE

Tuesday, September 30

Davis @ Layton
Farmington @ Weber
Syracuse - BYE

Thursday, October 2

Weber @ Davis
Layton @ Syracuse
Farmington – BYE

Tuesday, October 7

Syracuse @ Weber
Davis @ Farmington
Layton – BYE

Tuesday, October 14

Syracuse @ Farmington
Layton @ Weber
Davis – BYE

Tuesday, October 21

Farmington @ Layton
Davis @ Syracuse
Weber - BYE

BASKETBALL (BOYS & GIRLS) RULES 2025-26

RESPONSIBLE SCHOOL – FARMINGTON HIGH SCHOOL

Start Date: November 10, 2025

First Game: November 18, 2025

End Date: February 13, 2026

Bracket Reveal: February 14, 2026 @ 10 a.m.

State Tournament Starts: Girls – February 17, 2026

Boys - February 18, 2026

Game/Match Limit: 23 Games

Moratorium Dates: June 30 – July 6, 2025

November 27 – 30

December 21 – 25; January 1

March 8 – 22

June 29 – July 5, 2026

1. Schedules and team rosters are to be e-mailed by athletic directors to region athletic directors. Region athletic directors are responsible for making sure copies are redistributed to their individual coaches.
2. Both Girls and Boys Basketball will play same night/same site.
 - a. Schedule will be as follows: Soph Girls & Soph Boys @ 3:30; Varsity Girls & JV Boys at 5:15; Varsity Boys and JV Girls at 7 p.m.
 - i. The **Tuesday Region game** at 3:30 p.m. in the Larger Gym will be the GIRLS and on **Friday** at 3:30 it will be the BOYS
3. 15-minute warm up guaranteed for both Girls and Boys Basketball Varsity games.
4. Home team wears white jersey. Visiting team wears dark jersey.
5. All schools are required to use adults on the clock, shot clock, and score book (varsity only).
6. The shot clock WILL BE used at all levels.
7. Scouting is to be done from the spectator stands and no video filming of future opponents will be allowed at varsity, J.V., or sophomore levels.
8. It is the responsibility of the home team to keep the court sidelines clear. Home team is responsible for emergency medical care.
9. Varsity home school will provide dressing facilities for visiting school. Whiteboard and marker will be available. Each school will provide their own towels. Locker rooms will be available as close to 2:45 as possible.
10. In cases where applicable, ties between teams for first place in region play will result in co-champions or tri-champions with trophies being awarded to all teams involved.

11. A boy's all-region team will be selected by the region coaches via email. A girl's all-region team will be selected by the region coaches via email. DO NOT VOTE for you own player with 1 MVP, 5 First Team and 5 Second Team Selections
12. Visiting team sack lunch ONLY! Home team will not ALLOW any warm food to set up!

Boys & Girls Basketball Schedule 2025-26

Tuesday, January 6

Region 3 Crossover Games

Layton @ Skyridge
Syracuse @ Corner Canyon
Farmington @ Lone Peak
Davis @ American Fork
Weber @ Lehi

Friday, January 9

Weber @ Davis
Syracuse @ Layton
Farmington - BYE

Tuesday, January 13

Layton @ Weber
Davis @ Farmington
Syracuse – BYE

Friday, January 16

Farmington @ Layton
Weber @ Syracuse
Davis – BYE

Tuesday, January 20

Syracuse @ Farmington
Layton @ Davis
Weber - BYE

Friday, January 23

Davis @ Syracuse
Farmington @ Weber
Layton – BYE

Tuesday, January 27

Region 3 Crossover Games

American Fork @ Layton
Skyridge @ Weber
Lone Peak @ Syracuse
Lehi @ Farmington
Corner Canyon @ Davis

Friday, January 30

Davis @ Weber
Layton @ Syracuse
Farmington – BYE

Tuesday, February 3

Weber @ Layton
Farmington @ Davis
Syracuse – BYE

Friday, February 6

Layton @ Farmington
Syracuse @ Weber
Davis – BYE

Tuesday, February 10

Farmington @ Syracuse
Davis @ Layton
Weber - BYE

Friday, February 13

Syracuse @ Davis
Weber @ Farmington
Layton - BYE

CHEERLEADING 2025-26
RESPONSIBLE SCHOOL – WEBER HIGH

First Contest:	November 3, 2025
End Date:	January 20, 2026
Northern Divisional State Tournament:	January 17, 2026 January 22 or 23, 2026
Game/Match Limit:	4 Qualifying Competitions
Moratorium Dates:	June 30 – July 6, 2025 November 27 – 30 December 21 – 25; January 1 June 29 – July 5, 2026

1. Competitive Cheer will be a winter sport.
2. Contest Limitations:
 - a. A maximum of 4 contests, in addition to a qualifying and state finals competition will be allowed during the competition season. Competitive cheer teams may only participate in UHSAA sanctioned competitions.
3. The Arbiter system will be used to assign and pay for all qualifying and state competitions.
4. Utah State Risk Management will continue to safety certify coaches and cheer athletes.
5. A coaches' annual rules clinic will be held in JUNE 17th. A judges' annual clinic will be held in September 2024
6. Schools must declare if they will sponsor a cheer competition team by April 15, 2022. This declaration form will help determine how many classifications of competitive cheer UHSAA will sponsor.
7. How to qualify for the UHSAA Competitive Cheer Championships:
 - a. Teams will compete in one of three geographically assigned qualifying competitions (North, Central, South).
 - b. 70% of teams will move on to the state finals, which will be held by classification.
8. All competitive cheer athletes must register in RegisterMyAthlete.
9. Sideline and Competitive Cheer Coaches must be certified through RegisterMyCoach.
10. Tryouts may be held beginning March of 2025 for the following year.

11. There will be no UHSAA governance for sideline/spirit cheer teams, except teams and coaches must safety certify through Utah State Risk Management, follow their cheer guidelines, coaches must certify through RegisterMyCoach, and comply with UHSAA tournament guidelines for post season events.
12. UHSAA transfers for competition team members will begin in March of 2022.
13. There will be a 12-hour practice rule per week for competition routines beginning August 1 through the state championships.
14. Budget Declarations will be required by the 2nd Monday in February (\$800 per individual athlete) beginning in 2023.
15. A Sport Specific Moratorium (2-2 weeks selected by school) will begin in 2023.
16. 2022-2023 Competition Cheer Categories:
 - a. All-girl Show/Co-ed Show (70% of overall score) Teams may enter one (1) show category. Co-ed designation will be for teams with 1 or more male participants on their competition team.
 - b. Game Day: (30% of score).
17. Schools will compete in either an all-girl or co-ed division. Each school may only compete in one division. One state championship trophy will be awarded to each division per classification.
18. School competition teams must receive independent status if not participating in UHSAA qualifying and championship events.
19. There will not be a “two weeks prior” requirement for competitive cheer.
20. There is no restriction to dual participation for junior high sideline cheer and high school competitive cheer.
21. A high school competitive cheerleader may compete in up to two national qualifying competitions, not sponsored by his or her school, with a private cheer organization. The cheer athlete must gain approval after completing an online form on the UHSAA website to participate in these events.
22. Competitive Cheer will follow all UHSAA Policies and By-laws which can be found at <https://www.uhsaa.org/Publications/Handbook/SportSections/CompCheer.pdf>

DRILL TEAM 2025-26
RESPONSIBLE SCHOOL – WEBER HIGH SCHOOL

First Contest:	November 3, 2025
End Date:	January 20, 2026
Bracket Reveal:	January 21, 2026 @ 10 a.m.
State Tournament Starts:	January, 26, 2026
Game/Match Limit:	4 Qualifying Competitions
Moratorium Dates:	June 30 – July 6, 2025 November 27 – 30 December 21 – 25; January 1 June 29 – July 5, 2026

Meet Limit:

Three (4) competitions/invitationals will be assigned by the state so you will see all of the drill teams in 6A before your Region meet and before State.

Region Practice:

TBA

Region:

Saturday, January 17, 2026 @ Weber High School

SWIMMING RULES – 2025-26

RESPONSIBLE SCHOOL – DAVIS HIGH

Start Date: October 20, 2025
First Game: October 31, 2025
End Date: February 7, 2026

State Entry Deadline: February 10, 2026
State Tournament: February 20-21, 2026

Game/Match Limit: 14

Moratorium Dates: June 30 – July 6, 2025
November 27 – 30
December 21 – 25; January 1
June 29 – July 5, 2026

1. All meets will commence at 3:00-3:45 (depending upon pool requirements) or 20 minutes after bus arrival.
2. The maximum number of swim meets is 14, which includes the Region meet but does not include the State Meet.
3. Lanes will be assigned according by time by computer.
4. Region 1 Championships:
 - a. Entries: Individuals – Unlimited; Relays – 2 teams per event
 - b. Scoring: 1-16 individuals (4 per team), 1-7 relays (1 relay team per school scores – **only the A Relay can score points**)
 - c. Awards: Region Championship Trophy (1 boys & 1 girls), 48 individual medals (1-6 place, 8 events each for boys and girls, 24 relay medals (3 relays, 4-person teams each for boys and girls).
5. Trophies – See awards above
6. Region Meet entries are due on January 23, 2025 by 7 p.m. to the Syracuse Head Coach

Coaches Emails and Pool Information

Davis	Kit Barker barkerfam@gmail.com Layton Surf N Swim: 465 N Wasatch Dr, Layton, 84041
Farmington	Stacy Edholm sedholm@gmail.com South Davis Rec Center: 550 N 200 W, Bountiful, 84010
Brighton	Todd Etherington Todd.Etherington@canyonsdistrict.org Cottonwood Heights Recreation Center 7500 S. 2700 E., SLC, 84121
Layton	Rachelle Woodbury rwoodbury@dsdmail.net Layton Surf-n-Swim: 465 N Wasatch Dr, Layton, 84041
Syracuse	Kyle and Kari Cunningham syracuseswimming@gmail.com , karile1970@yahoo.com Clearfield Aquatic Center: 825 State St, Clearfield, 84015
Weber	Henderson Bird hebird@wsd.net Ben Lomond High Pool: 1075 E 700 S, Ogden, 84010

Swimming Schedule 2025-26

**Swim meet start times at 3:30pm unless otherwise noted.

Thursday, November 13

Region 1 Sprint Trials @ Weber
(Ogden High Pool)

Tuesday, December 2

Brighton @ Syracuse
Davis @ Layton
Farmington @ Weber

Tuesday, December 9

Brighton @ Layton
Davis @ Weber
Farmington @ Syracuse

Fri or Sat, December 12/13

Davis District Meet
Ogden City/Count Meet

Thursday, January 8

Layton @ Syracuse

Friday, January 9

Davis @ Farmington
Weber @ Brighton

Thursday, January 15

Syracuse @ Weber

Friday, January 16

Layton @ Farmington
Davis @ Brighton

Thursday, January 22

Weber @ Layton
Syracuse @ Davis

Friday, January 23

Brighton @ Farmington

Friday, February 6

Region 1 Championships
@ South Davis Rec Center

WRESTLING RULES – 2025-26
RESPONSIBLE SCHOOL – SYRACUSE HIGH SCHOOL

Start Date:	November 10, 2025
First Game:	November 25, 2025
Hydration Testing:	November 19-22, 2025
End Date:	January 22, 2026
Divisionals:	January 28 th & 29 th OR January 30 th & 31 st
State Tournament Starts:	February 10 th & 11 th & February 12 th & 14 th
Game/Match Limit:	18 Matches
Moratorium Dates:	June 30 – July 6, 2025 November 27 – 30 December 21 – 25; January 1 June 29 – July 5, 2026

1. All scales used in an official weigh-in will be certified annually. Each school is responsible to notify the Utah State Dept. of Weights and Measures to have this done prior to the beginning of competition. The home management is responsible to provide a certified scale for weigh – in and a trainer for skin checks at all Region 1 Wrestling Meets.
2. All weigh-ins for Region 1 Duals will start at 4:30 p.m.
 - a. Davis District schools can't leave until 4 p.m. (Communicate with coaches)
3. **Home team is responsible to put dual meet results on Trackwrestling within the next day!!**
 - a. All teams REQUIRED to do live entry stats!
4. Skin Checks will be conducted for all wrestlers during the varsity weigh in.
5. Weigh-ins for boys and girls will be done at the same time with all wrestlers weighing in with a singlet or fight short and rash guard.
6. All weigh-ins for Varsity, JV, and extras will be done at the same time.
7. Wrestling will start at 6:00 pm for both Varsity Girls & JV Girls and Boys will wrestle on the 2nd mat. Varsity boys will START at 7 pm!
8. Host Team may request to change the schedule of the Dual IF considered a rivalry match and change is agreed upon between both coaches and also approved by the Region 1 BOM. Coaches will be responsible to exchange line ups via email the day before the dual to allow for adequate time for the program.
9. Region Team Trophy will be awarded based upon region dual record & Co-Champions will each receive a region trophy

Boys Head Coaches Contact Information

Davis	Bo Roundy	435-881-7616	boroundy@dsdmail.net
Layton	Adam Fager	801-808-8818	afager@dsdmail.net
Farmington	Luis Cruz	413-417-4955	lfred@dsdmail.net
Syracuse	Troy Brown	801-645-8578	Twbrown@dsdmail.net
Weber	Brad Hess	801-698-8770	Brhess1@wsd.net

Girls Head Coaches Contact Information

Davis	Matt Hoskins	801-631-4694	
Layton	Marc Fenwick	801-200-5079	mfenwick@dsdmail.net
Farmington	Matt Kartchner	801-300-3573	MattKartc@gmail.com
Syracuse			
Weber	Brad Hess	801-698-8770	Brhess1@wsd.net

Region Wrestling Duel Meets Schedule

Wednesday, January 7

Weber @ Davis
Syracuse @ Layton
Farmington - BYE

Thursday, January 8

Layton @ Weber
Davis @ Farmington
Syracuse - BYE

Wednesday, January 14

Farmington @ Layton
Weber @ Syracuse
Davis - BYE

Wednesday, January 21

Syracuse @ Farmington
Layton @ Davis
Weber - BYE

Thursday, January 22

Davis @ Syracuse
Farmington @ Weber
Layton - BYE

BASEBALL RULES 2025-26
RESPONSIBLE SCHOOL: LAYTON HIGH SCHOOL

Start Date: February 23, 2026
First Game: March 2, 2026
End Date: May 7, 2026

Game Limit: 25 Games

Bracket Reveal: May 8, 2026
State Super Regional: May 14^h & 15th, 2026
State Bracket Play: May 18th - 21st, 2026
State Final Series: May 22nd & 23rd, 2026

Moratorium: June 30 – July 6, 2026
November 27 – 30
December 1 – January 3
June 29 – July 5, 2027

1. Region Play will begin on April 7, 2026
 - a. Region season will consist of 12 games (3 games series against each region team)
 - b. Games will alternate between Tuesday, Wednesday, & Friday for 4 weeks.
 - c. No Region games over Spring Break
 - d. If (due to game cancellations caused by inclement weather) the 12-game schedule cannot be completed, won/loss records of the previous 8 game schedule will be used to determine standing for Region Champion.
2. Region games will begin at 3:30 p.m. unless previous arrangements have been made with the 2 principals of the schools involved.
3. Postponement or suspension of league games due to inclement weather or field conditions **will be made up in the order of postponement.** Games need to be made up the first available day that fields can be prepared. Saturdays are optional. Home team will determine the day the game is played. Region games take precedence over pre-season, practice, junior varsity or sophomore games. For traveling purposes, coaches may agree to play games at an earlier date. Coaches will be responsible for making sure athletic directors are notified in the event of a cancellation or make-up.
4. Principals will make final decisions to play make-up/suspended games if a time cannot be agreed upon by coaches.
5. The home team will be responsible for having an official **ADULT scorekeeper & SCOREBOOK!** It must be a hardcopy book. Gamechanger DOES NOT count as a scorebook.
6. Line Up Cards need to have First and Last names, numbers, and positions.
7. In the event of a cancelled game, notification of officials and the visiting school will be the responsibility of the home team coach and/or athletic director. Visiting schools and officials will be notified as soon as possible.

8. The junior varsity game limit is **twenty- five (25)** games. The sophomore game limit is **twenty-five (25)** games.
9. The winning team is responsible for notifying the local news media to report game scores and statistics.
10. Teams will play region games (as agreed up at the region-planning meeting) and as the schedule dictates. For weather changes, refer to rule #3.
11. Games may be played at alternate sites if agreed upon by the principals of the participating schools.
12. Suspended games may be made up at the alternative sites if agreed upon by the principals of the participating schools (i.e. site of next scheduled game between those teams involved in the suspended game).
13. Games may be played at alternate sites if agreed upon by the principals of the participating schools.
14. Pitch Count/System Entry – Violation of the pitch count is a 2-game suspension for the head coach. A second violation results in a forfeit of the game. \$250 to the region for the coach not entering in the information within 24 hours. Schools need to self-report to the region.

Baseball Schedule 2025-26

Tuesday, April 7

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Friday, April 17

Layton @ Davis
Farmington @ Weber
Syracuse – BYE

Wednesday, April 29

Syracuse @ Farmington
Davis @ Weber
Layton – BYE

Wednesday, April 8

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Tuesday, April 21

Davis @ Farmington
Syracuse @ Layton
Weber - BYE

Friday, May 1

Farmington @ Syracuse
Weber @ Davis
Layton – BYE

Friday, April 10

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Wednesday, April 22

Farmington @ Davis
Layton @ Syracuse
Weber – BYE

Monday, May 4

Syracuse @ Weber
Layton @ Farmington
Davis – BYE

Tuesday, April 14

Layton @ Davis
Farmington @ Weber
Syracuse – BYE

Friday, April 24

Davis @ Farmington
Syracuse @ Layton
Weber – BYE

Tuesday, May 5

Weber @ Syracuse
Farmington @ Layton
Davis – BYE

Wednesday, April 15

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Tuesday, April 28

Farmington @ Syracuse
Weber @ Davis
Layton – BYE

Wednesday, May 6

Syracuse @ Weber
Layton @ Farmington
Davis - BYE

BOYS SOCCER RULES 2025-26
RESPONSIBLE SCHOOL – LAYTON HIGH SCHOOL

Start Date: February 23, 2026
First Game: March 2, 2026
End Date: May 5, 2026

Bracket Reveal: May 6, 2026
State Tournament Starts: May 8, 2026

Game/Match Limit: 17 Games

Moratorium Dates: June 30 – July 6, 2026
November 27 – 30
December 1 – January 3
June 29 – July 5, 2027

1. Play will begin on a region basis on March 25, 2026. All varsity games will be played at 3:30 p.m. Junior Varsity (reserve) games will be played the same day following the varsity game at same site.
2. If a game ends in a tie the teams will play up to two (2) ten-minute overtime periods in a sudden death format (first team to score wins). If there is no scoring in the overtimes, the game will end in a shootout.
3. In cases where applicable, ties between soccer teams for first place in region play will result in co-champions or tri-champions being declared and trophies will be awarded to all teams involved. Seeding for state tournament play will be determined by the RPI system.
 - a. In the event the RPI system is no longer in use, seeding will be determined by reverting to the region tiebreaker rule.
4. Seniors will not be allowed to play Junior Varsity unless prior discussion by the head coaches.
5. In the event of a postponement, it will be the responsibility of the home team athletic director to notify the visiting school and the officials. Visiting school and officials should be notified as soon as possible.
6. If played on Grass field, teams will sit on one side of the field. Spectators will sit on the opposite side of the field. If games are played on turf, teams will sit on opposite sides of the field and spectators will on the same side of their team.
7. Any necessary changes to these arrangements will be determined between the two principals involved.
8. A \$100.00 fine will be assessed if a coach plays an athlete who has been red carded and turned into the State. Athletes must not be allowed to participate in the succeeding varsity game. Fines payable to Region 1.
9. Junior Varsity games will consist of two 40-minute halves, weather and light permitting.
10. Teams will play their region games as agreed upon (region planning meeting) as the schedule dictates.
11. According to Federation Rules, the Home Team will wear their **DARK** jerseys while the visiting team will wear their **WHITE**.

12. An all-region team will be selected in the following format:

- a. 1st place will select 4 players
- b. 2nd place will select 3 players
- c. 3rd place will select 3 players
- d. The remaining teams will select 1 or 2 players

Boys Soccer Schedule 2025-26

Wednesday, March 25

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Friday, March 27

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Wednesday, April 8

Farmington @ Davis
Layton @ Syracuse
Weber - BYE

Friday, April 10

Syracuse @ Farmington
Davis @ Weber
Layton - BYE

Wednesday, April 15

Weber @ Syracuse
Farmington @ Layton
Davis - BYE

Friday, April 17

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Wednesday, April 22

Layton @ Davis
Farmington @ Weber
Syracuse - BYE

Friday, April 24

Davis @ Farmington
Syracuse @ Layton
Weber - BYE

Wednesday, April 29

Farmington @ Syracuse
Weber @ Davis
Layton - BYE

Friday, May 1

Syracuse @ Weber
Layton @ Farmington
Davis - BYE

BOYS TENNIS RULES 2025-26
RESPONSIBLE SCHOOL: SYRACUSE HIGH SCHOOL

Start Date:	February 23, 2026
First Game:	March 2, 2026
End Date:	April 28, 2026
State Roster Entry Deadline:	April 29, 2026
Bracket Reveal:	April 30, 2026 @ 10 a.m.
State Tournament Starts:	May 2, 2026
Game/Match Limit:	18 Matches
Moratorium Dates:	June 30 – July 6, 2025 November 27 – 30 December 1 – January 3 June 29 – July 5, 2026

1. Play will begin on a region basis beginning on Tuesday, March 12, 2026
2. Schools may have Varsity and JV level teams. Teams will consist of 7 players-3 singles players and 2 doubles teams
3. A maximum of 18 matches may be played in addition to region and state meets.
4. Region matches are scheduled to begin by 3:30 p.m. or if teams arrive early start at 3:00 pm
5. Matches to be played according to the schedule (subject to weather and court conditions). Host coach will be responsible to contact the visiting coach regarding the number of players for that day, court location, and/or cancellation and rescheduling plans by 1:00 p.m.
6. Matches and court conduct are to be governed by USTA rules, i.e. (Racket, verbal abuse, and foot faults).
7. Matches will consist of two out of three sets- 12-point tie break at 6-6. If coaches agree, 3rd set will be the super tie breaker (10 pt.), in case of darkness or weather conditions.
8. Home team furnishes the balls (high altitude).
9. Players will be required to wear school color shirts and school color shorts. Sweats may be worn during inclement weather.
10. Players are limited to 5-minute warm-up period with practice serves being taken during this time. Coaches should control the warm-up time.
11. Coaches will play their best players in rank order in singles and the doubles should be in ranked as a team.

12. A coach may move players from singles to doubles. However, the players must be ranked according to ability at that position.
13. Region Qualifying/Seeding
 - a. A player/doubles team must play 50% of the **region matches** to qualify for the state tournament.
14. The region team championship will be determined as follows:
 - a. 1 point for each region dual meet won.
 - b. Finish of each player/team in region tournament
 - c. 6 points for 1st- 5 points for 2nd, etc.
 - d. If 5th & 6th are not played then scoring will be 4, 3, 2, 1
15. The region will furnish the balls for the region meet.
16. The format for the Region Tournament will be determined by the coaches upon notification as to how many players will be entered in the state meet from this region (refer to tie breaker regulations).
17. A player will not be required to play an opponent more than once in the region meet.
18. Coaching will be allowed after third game and on odd game changeovers and on mandatory 3 minute break between sets. No rest period or coaching between the 1st and 2nd game. Rest periods begin on the 3rd game changeover.
19. Bathroom breaks are permissible if taken within reasonable amount of time.
20. **All coaches must wear UHSAA Coaches Credential ID at Divisional and State Tennis Tournaments.**

Boys Tennis Schedule 2024-25

Thursday, March 12

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Tuesday, March 17

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Thursday, March 19

Farmington @ Davis
Layton @ Syracuse
Weber - BYE

Tuesday, March 24

Syracuse @ Farmington
Davis @ Weber
Layton - BYE

Thursday, March 26

Weber @ Syracuse
Farmington @ Layton
Davis - BYE

Tuesday, April 7

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Thursday, April 9

Layton @ Davis
Farmington @ Weber
Syracuse - BYE

Tuesday, April 14

Davis @ Farmington
Syracuse @ Layton
Weber - BYE

Thursday, April 16

Farmington @ Syracuse
Weber @ Davis
Layton - BYE

Tuesday, April 21

Syracuse @ Weber
Layton @ Farmington
Davis - BYE

Thursday, April 23 &

Friday, April 24

Region Tournament
@ West Field High School

BOYS VOLLEYBALL RULES 2025-26

RESPONSIBLE SCHOOL – SYRACUSE HIGH SCHOOL

Start Date:	February 23, 2026
First Game:	March 2, 2026
End Date:	May 6, 2026
Bracket Reveal:	May 7, 2026 @ 10 a.m.
State Tournament Starts:	May 12, 2026
Game/Match Limit:	28 Games
Moratorium Dates:	June 30 – July 6, 2025 November 27 – 30 December 21 – December 25; January 1 June 29 – July 5, 2026

1. Region Play will begin on March 26, 2026
2. All varsity matches will be best three out of five sets. Sets 1-4 played to 25 points with no cap with a fifth and deciding set, if necessary, which will be played to 15 points with no cap. Varsity matches have two timeouts in each set.
3. Schedule will be as follows:
 - a. 3:30 p.m. Sophomore – Best of 3 Format
 - b. 5:00 p.m. Varsity – Best 3 of 5 with Sets 1-4 to 25 and Set 5 to 15
 - c. 6:30 p.m. or after Varsity Best of 5 with games 3-5 to 15
4. Warm up time will be 4-4-2. Four minutes for visitors, four minutes for home team, and two minutes shared serving.
5. Seeding for the State Tournament will be determined by the UHSAA RPI System.
6. Contest limitation for volleyball will be 14 matches and two (2) tournaments with the following guidelines for tournaments: no more than nine (9) total matches in a tournament, no more than seven (7) matches in a given day, and tournaments may not exceed three (3) days. Teams may play 15 matches and one tournament, or 16 matches with no tournaments.
7. Home team will:
 - a. Provide two-line judges, a score keeper, a libero tracker, and a score board operator for all three matches – please make sure they are trained.
 - b. Have the net setup up by 3:00 pm.
 - c. Provide people to run a 3-ball rotation during all matches and provide 3 game balls.
 - d. Call in the score and highlights after the match.
8. Before leaving the gym, the visiting team will:
 - a. Give the home coach stats/highlights they want reported to news media and MaxPreps.
 - b. Clean up the bench area they last occupied.
 - c. No outside food in the gym!

9. Seniors will NOT be allowed to play Junior Varsity unless agreed upon by both Head Coaches.
10. The coaches will have a meeting at a date to be announced to select the All-Region teams.
11. Senior night recognition kept to a 10-15 minute maximum
12. Visiting team sack lunch ONLY! Home team will not ALLOW any warm food set up!

Boys Volleyball Schedule 2025-26

Thursday, March 26

Syracuse @ Weber
Layton @ Farmington
Davis – BYE

Tuesday, April 7

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Thursday, April 9

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Tuesday, April 14

Farmington @ Davis
Layton @ Syracuse
Weber - BYE

Thursday, April 16

Syracuse @ Farmington
Davis @ Weber
Layton - BYE

Tuesday, April 21

Weber @ Syracuse
Farmington @ Layton
Davis - BYE

Thursday, April 23

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Tuesday, April 28

Layton @ Davis
Farmington @ Weber
Syracuse - BYE

Thursday, April 30

Davis @ Farmington
Syracuse @ Layton
Weber - BYE

Tuesday, May 5

Farmington @ Syracuse
Weber @ Davis
Layton - BYE

GOLF (GIRLS) RULES 2025-26
RESPONSIBLE SCHOOL: FARMINGTON HIGH SCHOOL

Start Date:	February 23, 2026
First Game:	March 2, 2026
State Entry Deadline:	April 28, 2026
State Tournament:	May 18 th & 19 th @ TBA

Game/Match Limit: 10 Matches

Moratorium Dates: June 30 – July 6
November 27-30
December 1-January 3
June 29-July 5 (2026)

1. **Tournaments** – All tournaments will be 18 holes. Each school in the region will host one 18-hole tournament. We will plan on 12:00pm shotgun starts for all region events
2. **Scoring System** – Maximum Stroke Play (Scoring Format)
 - a. All UHSAA Golf Championships (boys & girls) Stroke Play Scoring System, Contestants will PICK UP after reaching a maximum score of nine (9) strokes on any hole of a competition.
 - b. Markers will record a 9 on any hole where the maximum score is scored and then it will be circled on the scorecard for easy identification of that score.
 - c. All designated region events should also use this scoring system. This will provide consistent and fair qualification for the State competitions and All-State considerations.
 - d. Advantages of using this system are increased speed of play and less pressure to finish a very bad hole. This system will also use the modification for Penalties and Disqualification Penalties that are listed under USGA Rules of Golf; Rule 21.2
3. **Varsity Team Scoring** – Each school will play 8 varsity girls each event. The top four scores will count toward the team score.
 - a. The highest number of points totaled of the top four scores on a team would win the team medal(1st)
 - i. **Scoring Team Points is as follows:**
 1. 1st place team will receive 7 points
 2. 2nd place team will receive 6 points
 3. 3rd place team will receive 5 points
 4. 4th place team will receive 4 points
 5. 5th place team will receive 3 points
 6. 6th place team will receive 2 points
 7. 7th place team will receive 1 point
 - ii. In the case of a tie, the teams involved with the tie will take the point totals between the places, combine them, then divide them by the number of ties involved in order to get their point totals.
4. **Individual Scoring** – The highest number of points totaled after using the Modified Stableford point system would win the individual medalist and receive 12 points.
 - a. The top 12 individual performers at an event will receive the points as follows:
 - i. 1st place individual will receive 12 points
 - ii. 2nd place individual will receive 11 points
 - iii. 3rd place individual will receive 10 points
 - iv. 4th place individual will receive 9 points
 - v. 5th place individual will receive 8 points
 - vi. 6th place individual will receive 7 points

- vii. 7th place individual will receive 6 points
- viii. 8th place individual will receive 5 points
- ix. 9th place individual will receive 4 points
- x. 10th place individual will receive 3 points
- xi. 11th place individual will receive 2 points
- xii. 12th place individual will receive 1 point
- b. In the case of a tie, individuals involved with the tie will take the point totals between the places, combine them, then divide them by the number of ties involved in order to get their point totals.

5. Region Tournament

- a. The region school in charge of girl's golf (Farmington) will be in charge of organizing a final Region event (2 days) at a neutral course at the end of the regular season just before state.

6. Qualifying for State

- a. At the end of the Region Tournament all points from the regular season as well as the Region Tournament will be combined and then the team and individual places will be determined.
- b. All team qualify for state
- c. Top 12 individual performers qualify for state

7. JV Tournaments

- a. Each team can bring 4 JV players to each regular season event for a JV tournament that is scored the same way as the Varsity tournament except they are only 9 holes and have no influence on state qualifications.

8. Paying for Region events

- a. Each school is responsible for their own green fees for both varsity and junior varsity events
- b. During the Region Tournament the Region will pay for all schools Varsity green fees (pending approval)
- c. Each school is responsible for their own JV green fees during all tournaments

9. Green Fees will be \$75 for State Tournament Play

Girls Golf Schedule

Golf Practice/Tryout begins February 24th
First Contest Allowed March 3rd
Roster on Register My Athlete March 14th

Date	Place	School	Time	Players
Tuesday, March 17 th	Glen Eagle	Syracuse	8:00 a.m.	8 V; 4 JV
Tuesday, March 24 th	Remuda	Neutral	8:00 a.m.	8 V; 4 JV
Thursday, April 9 th	Davis	Farmington	8:00 a.m.	8 V; 4 JV
Monday, April 13 th	The Barn	Weber	8:00 a.m.	8 V; 4 JV
Thursday, April 16 th	Valley View	Layton	8:00 a.m.	8 V; 4 JV
Tuesday, April 21 st	Lakeside	Davis	8:00 a.m.	8 V; 4 JV
Monday, May 4 th	Make Up Day			
Wednesday, May 6 th & Tuesday, May 12 th	Sun Hills? & State Course	REGION	8:00 a.m.	8 Varsity Only
Thursday, May 14 th	Make Up Day			
May 18 th & 19 th	TBA	STATE	TBD	Varsity Only

BOYS & GIRLS LACROSSE RULES 2025-26

RESPONSIBLE SCHOOL: WEBER HIGH SCHOOL

IMPORTANT DATES

Start Date:	February 23, 2026
First Game:	March 2, 2026
End Date:	May 5, 2026
Bracket Reveal:	May 6, 2026 @ 10 a.m.
State Tournament Starts:	May 8, 2026
Game/Match Limit:	18 Games
Moratorium Dates:	June 30 – July 6, 2025 November 27 – 30 December 1 – January 3 June 29 – July 5, 2026

1. Games
 - a. Boys and Girls Varsity will on the **same day at opposite sites**. Varsity games will start at 5:15 p.m. with JV to be played at the conclusion of the varsity game.
2. The UHSAA allows school discretion to use any NFHS-approved lines, per the NFHS rule book. However, the Association supports the usage of the NFHS-approved modified lines as schools add facilities that don't have preexisting lines.
3. The UHSAA does not have an official game ball in lacrosse in the regular season. However, the ball must meet the NCAA/NOCSAE standard, designated by a stamp of approval on the ball.
4. All uniforms and equipment will have to meet the NFHS standards for high school play. Officials will verify equipment compliance as per NFHS rules. NOCSAE standards should be used where prescribed in the NFHS rules.
5. State tournament placements will be based upon final RPI rankings.
6. The ejection policy for lacrosse will follow existing UHSAA ejection policies. Officials will be encouraged to fill out ejection reports for lacrosse, but it will be the responsibility of a program's coaches and administrators to ensure that the UHSAA ejection protocol is followed according to the rule. Fouling out will not qualify as an ejection.
7. The UHSAA will follow all NFHS clock protocol rules, including the mercy rule. The UHSAA will follow NFHS procedures for overtimes. The Association will use a golden goal in overtimes to determine a winner.

Girls Lacrosse Schedule 2025-26

Tuesday, April 7

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Thursday, April 9

Layton @ Davis
Farmington @ Weber
Syracuse - BYE

Tuesday, April 14

Davis @ Farmington
Syracuse @ Layton
Weber - BYE

Thursday, April 16

Farmington @ Syracuse
Weber @ Davis
Layton - BYE

Tuesday, April 21

Syracuse @ Weber
Layton @ Farmington
Davis - BYE

Thursday, April 23

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Tuesday, April 28

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Thursday, April 30

Farmington @ Davis
Layton @ Syracuse
Weber - BYE

Tuesday, May 5

Syracuse @ Farmington
Davis @ Weber
Layton - BYE

Thursday, May 7

Weber @ Syracuse
Farmington @ Layton
Davis - BYE

Boys Lacrosse Schedule 2025-26

Tuesday, April 7

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Thursday, April 9

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Tuesday, April 14

Farmington @ Davis
Layton @ Syracuse
Weber - BYE

Thursday, April 16

Syracuse @ Farmington
Davis @ Weber
Layton - BYE

Tuesday, April 21

Weber @ Syracuse
Farmington @ Layton
Davis - BYE

Thursday, April 23

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Tuesday, April 28

Layton @ Davis
Farmington @ Weber
Syracuse - BYE

Thursday, April 30

Davis @ Farmington
Syracuse @ Layton
Weber - BYE

Tuesday, May 5

Farmington @ Syracuse
Weber @ Davis
Layton - BYE

Thursday, May 7

Syracuse @ Weber
Layton @ Farmington
Davis – BYE

SOFTBALL RULES 2025-26
RESPONSIBLE SCHOOL – DAVIS HIGH SCHOOL

Start Date: February 23, 2026
First Game: March 2, 2026
End Date: May 12, 2026

Game Limit: 28 Games

Bracket Reveal: May 13, 2026
State Super Regional: May 14^h & 15th, 2026
State Bracket Play: May 19th & 20st, 2026
State Final Series: May 21st & 22nd, 2026

Moratorium: June 30 – July 6, 2026
November 27 – 30
December 1 – January 3
June 29 – July 5, 2027

1. No team may play more than twenty-two (28) games during the entire season. Games will be a 3 game series playing the same team 3x in the same week.
 - a. Each Game counts as One Game
2. All region varsity games shall begin at 3:30 p.m. Games will be a full seven (7) innings. If the score is tied at the end of 7 innings, the international tie-breaker rule will be in effect.
 - a. The 10-run rule will be in effect after the fifth inning.
 - b. The 15-run rule will be in effect after the third inning.
3. All JV games will immediately follow varsity games (same day, same site).
 - a. A team may only score six (6) runs an inning in a JV game.
 - b. Rules for JV play will be agreed upon by the region in order to provide developmental atmosphere and to accommodate facility conflicts.
4. The visiting team will take the field at 3:00 pm; the home team will take the field at 3:15 pm.
5. The home team will be responsible for:
 - a. Providing an official scorekeeper (a responsible adult) and SCOREBOOK! It must be a hardcopy book. Gamechangers DOES NOT count as a scorebook!
 - b. Providing two (2) new game balls (same ball as used in State)
 - c. Paying the officials
 - d. Field management
 - e. Calling the media with games results
6. Line Up Cards need to have First and Last names, numbers, and positions.
7. Postponed games will follow the UHSAA suspended game procedures.
 - a. The home team will call their opponent and the officials by 12:00 noon.
 - b. Game will be rescheduled on the first available weekday as agreed upon by the involved coaches and approved by the involved principals.
 - c. Priority should be given to region games.

- d. In the first round of region play, the postponed game may be “flip-flopped” to the visiting field if it is deemed playable. The second-round field will be reversed.

- 8. Teams agree to accept all National Federation Rules.
- 9. Music will be provided by the home, as per the coaches agreeing to this at the Region Meeting in March.
- 10. Videotaping of games is by playing teams only.
- 11. One region trophy will be awarded to the first-place team.
- 12. All seniors nominated for Academic All-State will receive Academic All-Region.
- 13. Coaches meeting to select All-Region teams will be held (TBA)
- 14. Pitching distance will be 43 feet.
- 15. Senior recognition day will be kept to a ten (10) minute maximum according to general policy.
- 16. Region Administration representative will be responsible for producing and awarding All-Region awards.

Softball Schedule 2025-26

Tuesday, April 7

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Wednesday, April 8

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Friday, April 10

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Tuesday, April 14

Layton @ Davis
Farmington @ Weber
Syracuse – BYE

Wednesday, April 15

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Friday, April 17

Layton @ Davis
Farmington @ Weber
Syracuse – BYE

Tuesday, April 21

Davis @ Farmington
Syracuse @ Layton
Weber - BYE

Wednesday, April 22

Farmington @ Davis
Layton @ Syracuse
Weber – BYE

Friday, April 24

Davis @ Farmington
Syracuse @ Layton
Weber – BYE

Tuesday, April 28

Farmington @ Syracuse
Weber @ Davis
Layton – BYE

Wednesday, April 29

Syracuse @ Farmington
Davis @ Weber
Layton – BYE

Friday, May 1

Farmington @ Syracuse
Weber @ Davis
Layton – BYE

Monday, May 4

Syracuse @ Weber
Layton @ Farmington
Davis – BYE

Tuesday, May 5

Weber @ Syracuse
Farmington @ Layton
Davis – BYE

Wednesday, May 6

Syracuse @ Weber
Layton @ Farmington
Davis - BYE

BOYS & GIRLS TRACK AND FIELD RULES 2025-26

RESPONSIBLE SCHOOL: DAVIS HIGH SCHOOL

IMPORTANT DATES

Start Date:	February 23, 2026
First Game:	March 2, 2026
End Date:	May 7, 2026
Game Limit:	12 Meets per individual 8 qualifying meets MAX in addition to Region
State Entry Deadline:	May 11, 2026
State Meet:	May 14 th & 16 th
Moratorium:	June 30 – July 6, 2026 August 31 – September 27 November 27 – 30 December 21 – 25; January 1 June 29 – July 5, 2027

1. All Region track meets will be held on Wednesdays with the exception of shortened weeks for school breaks.
2. It is recommended that each host school provide a minimum of five paid qualified adults (suggested pay is \$25 each) to help officiate the meet.
3. Dual/Tri meets will start at 3:00 p.m. The field events will begin at 3:00pm and the track events will start at 3:15 with the 4x800m relay. If agreed upon by all coaches involved in the meet, the girls 3200-meter run may be run with the boys 3200 meter run as well as the 4x800 relay. It is suggested that all schools follow procedure to provide consistency with the administration of dual/tri meets.
4. In dual/tri meets, athletes are limited to four (4) events. Field event participants will have four (4) throws or four (4) jumps only. Top 3 places will score in dual meets (5-3-1; relays 5-0) and the top 4 places will score in tri-meets (5-3-2-1; relays 5-3).
5. If a track meet is not held because of inclement weather or field conditions, rescheduling will be decided by the coaches, principals, and athletic directors of the schools involved. Cancellation must be approved by the principals and athletic directors of the schools involved. The host school should notify other participating schools of a cancellation by 12:00pm.
6. Each school is allowed 6 entries per event and the winner of the lane races automatically advances to finals then the remaining top times for the remaining spots.
7. The top eight (8) times for lane events (regardless of heat placing) and the top nine (9) marks for field events will advance to the finals at the region championships. Top 8 places will score in each event.
8. Medals will be awarded to the top five (5) finishers in each individual event and the first-place relay teams for the Region Championships, with a trophy awarded to the first-place team.
9. Each school will be responsible for staffing/running one (1) field event for the Region Championships and the Sophomore Region Meet.

Track & Field Schedule 2025-26

Wednesday, March 11

Layton @ Weber

Syracuse/Farmington @ Davis

Wednesday, March 18 & Thursday, March 19

Farmington Super Meet

Tuesday/Wed, March 24-25

Ogden/Weber City County & Davis Championships

Wednesday, April 8

Davis @ Layton

Weber/Syracuse @ Farmington

Wednesday, April 15

Farmington/Weber @ Davis

Layton @ Syracuse

Wednesday, April 22

Syracuse @ Farmington

Davis/Layton @ Weber

Wednesday, April 29

Weber @ Syracuse

Farmington/Davis @ Layton

Wednesday, May 6 & Thursday, May 7

Region Championship @ Davis High School

Region Track & Field Suggested Time Schedule

3:00	Girls Discus	Boys to follow
	Girls High Jump	Boys to follow
	Girls Pole Vault	Boys to follow
	Boys Javelin	Girls to follow
	Boys Shot Put	Girls to follow
	Boys Long Jump	Girls to follow
3:15	*Girls and Boys 4x800 Relay (Combined)	
3:25	Girls 100 M Hurdles	
3:30	Boys 110 M Hurdles	
3:35	Girls 100 M Dash	
3:45	Boys 100 M Dash	
3:55	Girls 4x200 Relay	
4:00	Boys 4x200 Relay	
4:05	Girls 1600 M Run	
4:15	Boys 1600 M Run	
4:25	Girls 4 x 100 M Relay	
4:30	Boys 4 x 100 M Relay	
4:35	Girls 400 M Dash	
4:40	Boys 400 M Dash	
4:45	Girls 300 M Hurdles	
4:50	Boys 300 M Hurdles	
4:55	Girls 800 M Run	
5:10	Boys 800 M Run	
5:25	Girls 200 M Dash	
5:35	Boys 200 M Dash	
5:45	*Girls & Boys 3200 M Run (Combined)	
6:00	Girls 4 x 400 M Relay	
6:10	Boys 4 x 400 M Relay	

Events will be moved ahead of time schedule if possible. Athletes should report to the starting line or their respective field events areas by second call or they will be scratched from the event.

*Girls and boys 3200m run and 4x800 relay can be separated if there are enough participants.

SPEECH AND DEBATE GUIDELINES 2025-26

RESPONSIBLE SCHOOL – Layton High School

IMPORTANT DATES

Moratorium

June 30 – July 6, 2025
November 27 – 30
December 21 – 25; January 1
June 29 – July 5, 2027

Region 1 Speech and Debate Meet during the coming season:

- February 21, 2025 @ TBD

School Entry Deadline: 4 weeks prior to the tournament

- Student participant entry deadline: 2 weeks prior to the tournament

The deadline for State participant entries being returned to the Region Representative will be TBD, after which the Region Representative will submit them to the UHSAA and State Forensics Representative.

2024-25 Region Representative: Nathan Gilman, Layton High School

No Speech/Debate meet(s) may be held prior to the UHSAA Speech/Debate season beginning date.

Fees:

Schools will not be charged any fees. Neither for individual entries, team entries, or missing judges. The running of the Region Tournament is paid for by UHSAA.

Participants:

Students may double enter in one (1) speech event and one (1) debate event but may not double enter in two (2) speech events or two (2) debate events.

The events offered at region will model the state tournament, which as of 2024 are:

1. Lincoln Douglas Debate
2. Policy Debate
3. Public Forum
4. Impromptu
5. Oratory
6. Informative Speaking
7. Interpretive Speaking (Combined)
 1. Humorous Interp, Dramatic Interp, POI (Duo not offered)
8. United States Extemporaneous Speaking (aka National Extemp)
9. International Extemporaneous Speaking (aka Foreign Extemp)
10. Student Congress

There will be a cap of four (4) participants/teams per event from each school.

There is no team cap of participants other than the limits of each event.

Judging Obligations & Requirements:

The burden of judges will be as follows:

- One judge for every two (2) Debate teams/participants
- One judge for every six (6) Speech participants/teams
- One judge for Student Congress (if bringing participants in this event)

Judges should not know any competitor in a round. Whenever possible parents should not judge a round with students from their school. When that is unavoidable, the judge must not personally know any of the students from their school.

Rounds:

The Region Tournament will consist of four (4) rounds for all events.

- The four speech rounds will be held in the morning, beginning at 8:00 a.m. and will have no break or final rounds.
- The four debate rounds will be held after that and will consist of two (2) randomly paired rounds, followed by the remaining two rounds that will be power-matched, following the method of matching used at the state tournament.
 - Congress will have two, 2 ½ hour sessions.
 - Policy will have 3 rounds, the first being randomly paired, then the second and third rounds being power-matched.

Parings:

Participants will be randomly placed in panels for their events, if not specified differently above.

Congress Pairings

Competitors will make up 1-2 Congressional houses with a maximum of 25 competitors and a minimum of 13.

Reimbursement:

The Utah High School Association will pay for Judges (\$10 per round) at the Region Tournament. Food will be arranged by the host school, Region representative and Tournament director.

Medals:

1st through 5th place medallions will be awarded to participants, and the Utah High School Association will pay for those.

Fines:

Fines will be assessed to schools responsible for building damage

Topics:

All Debate (Lincoln Douglas, Policy, and Public Forum) topics for the region tournament will be the same as the state tournament topics.

The Congress topics docket will be the same as the State docket if it has been released by the State tournament director two weeks prior to the Region tournament. If these topics have not been released, the docket will be made up of 2 pieces of legislation chosen by each school from the current year's collection of legislation provided through the Utah Debate Coaches Association. The order of the docket will be determined by the host school and will be published at least two (2) weeks prior to the tournament.

Impromptu and Extemp topics will be provided by the host school.

Oratories/Interps:

All coaches are responsible to check off their competitors' oratories and interps. In Oratories, quoted and paraphrased material must be highlighted and numbered (Only 10% may be quoted or paraphrased). Participants should have a hard copy of their script on hand at the tournament in case of any questions.

Use of Artificial Intelligence:

The region tournament will follow the current policy for internet-enabled devices provided by the [NSDA](#), as well as any guidelines or rules set forward by the Utah Debate Coaches Association.

Inappropriate use of AI during the region tournament will result in a forfeiture of the round. Whether or not an action is inappropriate will be decided between the coach of the alleged offender(s) and the host of the tournament, along with other coaches present—as deemed necessary by either party. One coach from each school present will then be notified of the offense and will vote whether to disqualify the competitor(s) from the whole tournament, with a simple majority of all schools present deciding. The coach of the offending party will not participate in this vote. In the event of a tied vote, the tournament host will make a final decision.

Sweepstakes/ Quartiling:

All contestants (including disqualifications, drops the day of the tournament, no shows, etc.) in each category shall be ranked in order of finish. The category shall then be divided into equal fourths. Odd numbers shall be placed in the highest fourth possible (one odd number shall be added to the first quarter; two odd numbers shall add one to each of the two highest quarters, etc.).

Once all results are in for an event, the coaches from each school present will work together to quartile the final placements. They must agree unanimously on where to separate the different quartiles within each event. All efforts should be made to have the top half of the quartiles be equal to the bottom half, as well as all efforts should be made to have each quartile as equal as possible. If there is not a clean way to quartile, the coaches must decide together the best option and unanimously decide the quartiling.

After each event is quartiled, the total number of points will be calculated by a coach, then double checked by a different coach, from a different school.

The points when quartiling will use the following scale:

- The 1st quartile of competitors will be awarded superior ratings (5 points).
- The 2nd quartile will be awarded excellence ratings (3 points).
- The 3rd quartile will be awarded good ratings (1 points).
- The 4th quartile will be awarded fair ratings (0 point).

ALL events (including Policy and Public Forum) will be scored the same.

When quartiling sweepstakes points for Student Congress, high and low ballots will be dropped.

Speaker points will not be used to determine tie breakers in quartiling but may be used to determine tie breakers for the purposes of giving individual awards at the tournament.

Any participant who misses a round or session of an event will not be eligible for a final rating or team sweepstakes points.

If two schools tie for either 1st or 2nd place sweepstakes, the following tie-breaking procedure will be followed:

- The lowest total ranking score in all events wins the tie.
- Policy, Public Forum, and Lincoln-Douglas Debate will be broken with 1 for wins and 3 for loss.
- Congress will quartile by judge.
- Only ties for 1st and 2nd place sweepstakes will be broken, all other sweepstakes ties will be listed and announced as ties.

State Tournament Eligibility

The top 50% of teams that participated are eligible for a full slate at the State tournament.

The top 10 in each event at region qualify to state, or 50% of the field in that event, whichever is greater.

Disputes

In the event that a dispute arises which is not covered by Region guidelines, State rules will be deferred to. In the event that disputes are not covered by Region or State guidelines, Coaches will determine, by a majority vote, how to resolve the dispute.

MUSIC GUIDELINES 2025-26

RESPONSIBLE SCHOOL: DAVIS HIGH

Region 1 Music Chair: Marci May (Davis High) – mmay@dsdmail.net

Region 1 Music Events

2025-26

- All-State Choir October 9-11 @ Taylorsville/SLC Tabernacle
- Red Rocks/State Marching Band November 7-8 @ UTU
- All-State Band/Orchestra January 15-16 @ Abravanel Hall
- Men's & Women's State Honor Choir Festival January 23-24 @ Abravanel Hall
- UMEA All-State Jazz Band February 5-7
- UMEA Mid-Winter Professional Development Conference February 6-7 in St. George
- February 25 – Instrumental Region Solo and Ensemble entries submitted to Festival Host.
- March 3 – Vocal Region Solo and Ensemble entries submitted to Festival Host.
- Region Jazz Wednesday, February 25 @ Syracuse 4:00
 - a. Sight Reading will be a part of this festival.
- Training Choir Festival Tuesday, March 3 @ Farmington 2:00
 - a. Each school may bring their training/non-auditioned choirs. Not a state qualifying event.
- Instrumental Solo and Ensemble Wednesday, March 11 @ Davis 3:30
 - a. Davis will be the permanent site for this event. All band/orchestra directors have agreed to rotate the duties of finding judges/scheduling this.
 - b. LAYTON will coordinate.
 - c. Directors should screen entries for quality control.
- Vocal/Piano Solo and Ensemble Tuesday, March 17 @ Davis
 - a. Chamber/Madrigal–2:00, other Events 4:30
 - b. Entry guidelines below.
- State Jazz Band March 20-21 @ Alta High School
- Band Large Group Wednesday, March 25 @ Farmington 2:00
- Orchestra Large Group Thursday, March 26 @ Farmington 4:00
- April 3rd - State Solo & Ensemble (Band, Choir and Orchestra) entries submitted to state.
- Choir Large Group Wednesday, April 15 @ Syracuse
 - a. SSAA/TTBB @ 2:00, SATB Groups @ 5:00

- State Solo & Ensemble April 25 @ Woods Cross HS
- State Orchestra Large Group April 27-29 TBA
- State Band Large Group May 1-2 @ TBA
- State Choir Large Group May 7-9 @ Libby Gardner Hall, U of U

Vocal/Piano Solo and Ensemble Entry Guidelines:

Each school may bring:

- 1 Chamber Choir - SATB (32 students max. on stage - not included in maximum number)
- 4 Piano (not included in maximum number)
- 4 from each of the following categories: soprano solo, alto solo, tenor solo, bass solo, SSA ensembles, TTB ensembles, SATB ensembles – 28 maximum
- 6 wildcard entries: no more than 2 per category and must fit within the 28 Max.
- Harp solos (not counted as piano, but must fit within the 28 Max.) Do not send harp to instrumental festival.

General Instructions:

- Please refer to the [UHSAA Handbook](#) for rules and regulations.
- All students participating in Region/State Solo and Ensemble Festival must meet UHSAA eligibility standards. Each school must submit the [UHSAA Eligibility Form](#) – email to submit@uhsaa.org **Due March 2nd.**
- All large ensemble members are required to be audience participants.
- All schools participating in vocal music festivals must be members of the school's vocal music program. Piano students may be in ANY school music ensemble (band, choir or orchestra).
- All students participating in instrumental music festivals must be members of the school's instrumental music program.
- Festival hosts are to ensure that adjudicators are paid within two weeks of the festival date.
- Instrumental Solo and Ensemble coordinators will oversee finding quality, certified adjudicators for the event. The host will communicate what judges are needed. Coordinators will make sure [judging contracts](#) and [disclosures](#) have been provided and signed, adjudicators are scheduled and paperwork is turned in to the region music chair for adjudicator payment. Coordinators will also arrange for hospitality (food) for adjudicators and directors (turn in receipts to the region music chair for reimbursement). The host will create the schedule for the event and turn copied adjudication forms into the region chair.
- Directors are responsible for providing their own festival adjudication forms and an original piece of music (one for each adjudicator). Fillable forms are on the [USHAA Music](#) page.

Region 1 Music Directors			
School	Class	Name	Email
Davis	Band	Mike Crookston	microokston@dsdmail.net
Farmington	Band	Brek Mangelson	bmangelson@dsdmail.net
Layton	Band	Jim Follett	jfollett@dsdmail.net
Syracuse	Band	Wyatt Gilles	wgilles@dsdmail.net
Weber	Band	Taylor Van Bibber	tavan@wsd.net
Davis	Choir	Marci May	mmay@dsdmail.net
Farmington	Choir	Becca Rhodes	brhodes@dsdmail.net
Layton	Choir	Angie Petty	apetty@dsdmail.net
Syracuse	Choir	Nathan Egan	naegan@dsdmail.net
Weber	Choir	Caleb Saunders	casaunders@wsd.net
Davis	Orchestra	Erik Kochenderfer	ekochenderfer@dsdmail.net
Farmington	Orchestra	Sarah Silva	ssilva@dsdmail.net
Layton	Orchestra	Edwin Brown	edwbrown@dsdmail.net
Syracuse	Orchestra	Cheryl Ellery	cellery@dsdmail.net
Weber	Orchestra	Melanie Lucas	melucas@wsd.net

Region Purse – Farmington: Susan Spencer, Secretary SSpencer@dsdmail.net

THEATRE GUIDELINES 2025-26

RESPONSIBLE SCHOOL: WEBER HIGH SCHOOL

2025-26 Region Rep – Mark Daniels (MDaniels@wsd.net)

REGION	March 13 th – Region One-Act Play Competition at Syracuse from 9 am – 4 pm
	March 14 th – Region Individual Event Theatre Competition at Weber High from 8 am – 3 pm
STATE	April 16-17 th - One Act Plays at Riverton April 18 th – I.E.'s at Copper Hills

1. Dates and location for the Region Competition plays and individual events will be determined at the annual spring planning meeting held the preceding year. Tradition dictates that the competition plays, and the individual events are held during the first week of April or the end of March. State drama competition is always held at a predetermined high school on the third weekend of April.
2. Individual event judges will be compensated at each meet as follows as per UHSAA:
 - a. \$100 for a half-day
 - b. \$200 for a full day
 - c. Payment will be based on the duration of the judge's time at the event.
3. The competition play and individual event competition will follow the state rules that are printed in the current edition of the UHSAA handbook.
4. Alumni less than 3 years, or student teachers from any of the seven Region I schools will not be used as judges for any portion of the competition or individual event competition.
5. All Region drama advisors will meet one month prior to the region competitions to discuss judges, starting times, qualifying and any other business deemed necessary before the region tournaments.
6. Participating schools will make a concerted effort to send a team that includes students in each event category, while recognizing that fielding a full slate may not always be feasible. However, the inability to do so does not constitute a breach of contract.
7. Theater coaches have responsibility for supervision of their students at the Region and State competition and cannot send them with parents or individually.

HOW DOES A PLAY OR INDIVIDUAL PERFORMANCE QUALIFY FOR STATE?

- For 3A, 4A, 5A & 6A, at the region level, competitors receiving 60 points or higher, qualify to move on to state competition regardless of their rankings.
- At the region level, all performances that advance to the final medals round will automatically qualify for state, even if they did not receive 60 or more points from their previous rounds.
- At the region level, the top 3 ranked play entries will qualify for state regardless of their cumulative points. In addition, for 3A, 4A, 5A, 6A, if there are any other plays that received a total of 120

points, they will also advance to state. For 1A and 2A, if there are any other plays that received a total of 110 points, they will also advance to state.

JUDGING INDIVIDUAL EVENTS AT UHSAA REGION AND STATE DRAMA

- A judge CANNOT be any individual who has previously worked with any participant in a theatre coaching capacity. In addition, relatives of any participant, coach, student teacher or teacher may not judge the competition in any capacity, even if they do not judge the student they are related to. If they are related to any one of the participants in the competition, they are ineligible to judge the entire competition.
- All judges must be out of high school for at least 3 years before judging.
- Any contestant who knowingly allows themselves to be judged by any of the ineligible judges listed above, without informing the meet directors shall be ruled ineligible.
- A judges meeting will be held prior to each meet where rules and regulations will be reviewed with ALL participating judges by the meet director ONLY. The format and content of this meeting MUST follow the agenda found on the UHSAA website.
- All individual event pieces will be performed for three different judges in three different rounds of approximately 6 (but no less than 4) pieces per round. Judges will rank pieces 1-4 (any piece lower than 4 also receives a 4). If there are not enough entries to slate pieces in 3 rounds, you may put them all in one.
- At the region level, it is suggested that the 3 One-Act judges be acquired by 3 different schools. A One-Act judge is not allowed to judge in the same region 2 years in a row.
- A judge's final score must be whole numbers up to 25 points per round for individual events and up to 50 points per judge for the One Act plays.
- The top 5-8 ranked pieces in each individual event will participate in a final medal round. This will be determined in the following manner: a performance's 3 rankings will be totaled and the 5-8 pieces with the smallest total ranking are chosen for the final medals round. If a clear break cannot be determined to separate 5-8 pieces that will advance based solely on rank, the highest numerical scores can then be used as a tiebreaker. Meet director will determine that number in advance.
- In the final medals round, 3 judges watch all 5-8 performances together. When all have performed, each judge, without consulting with the other judges, ranks the pieces 1-6 (any piece lower than 6 also receives a 6)
- In the medals round, 1st, 2nd, and 3rd Place in each individual event will be determined by adding up the rankings given from all three judges in the medals round. The lowest cumulative ranking wins 1st Place, second lowest, 2nd Place, third lowest, 3rd Place. "In the event of a tie, the meet director will return to the highest cumulative scores given on the medals round ballots and add those numerical scores as an additional level of evidence for placing. Highest scores will break the tie. Ties will be rare, but can happen.
- Any school that does not provide the specified number of judges for the State meet will be fined. It is highly recommended that regions follow this guideline as well.

- If one-acts and individual events are held on separate dates, you must not reveal any results until after all results are in. For example, don't announce who won the one-act competition until you can announce who won sweepstakes.
- In all drama meets, a judge must never be alone with a competitor and must always have another competitor, performer, judge, time keeper, parent or observer present in the room for protection of both the judge and the student.
- Adherence to the time limits and subsequent consequences for time violations shall be followed. Time limits and procedures are posted on individual ballots and will be dealt with in the tabulation room by the meet director.
- Clerical errors in results may be corrected up to 72 hours after the conclusion of the meet. A team must file a written protest on behalf of an entry to the UHSAA within that time period. 72 hours after the conclusion of the meet, results will stand.
- All judging exceptions may be made in extenuating circumstances by consensus of meet directors.

Fall Master Schedule 2025-26
FALL SPORTS – ORDER OF GAMES

ALL Fall Sports – ORDER OF GAMES

Game 1

Farmington @ Syracuse
Weber @ Layton
BYE - Davis

Game 2

Layton @ Farmington
Syracuse @ Davis
BYE - Weber

Game 3

Davis @ Layton
Farmington @ Weber
BYE - Syracuse

Game 4

Weber @ Davis
Layton @ Syracuse
BYE - Farmington

Game 5

Syracuse @ Weber
Davis @ Farmington
BYE - Layton

Game 6

Syracuse @ Farmington
Layton @ Weber
BYE - Davis

Game 7

Farmington @ Layton
Davis @ Syracuse
BYE - Weber

Game 8

Layton @ Davis
Weber @ Farmington
BYE - Syracuse

Game 9

Davis @ Weber
Syracuse @ Layton
BYE - Farmington

Game 10

Weber @ Syracuse
Farmington @ Davis
BYE - Layton

Thursday, August 14

GIRLS TENNIS

Farmington @ Syracuse
Weber @ Layton
BYE - Davis

Tuesday, August 19

GIRLS TENNIS

Layton @ Farmington
Syracuse @ Davis
BYE - Weber

Thursday, August 21

GIRLS TENNIS

Davis @ Layton
Farmington @ Weber
BYE - Syracuse

Saturday, August 23

CROSS COUNTRY

Freber Classic @ Fremont

Tuesday, August 26

GIRLS TENNIS

Weber @ Davis
Layton @ Syracuse
BYE - Farmington

Wednesday, August 27

CROSS COUNTRY

Pre-Region @ Weber County FG

Thursday, August 28

GIRLS TENNIS

Syracuse @ Weber
Davis @ Farmington
BYE - Layton

BOYS GOLF

Thursday, September 4

GIRLS TENNIS

GIRLS SOCCER

Syracuse @ Farmington
Layton @ Weber
BYE - Davis

Tuesday, September 9

GIRLS TENNIS

GIRLS SOCCER

Farmington @ Layton
Davis @ Syracuse
BYE - Weber

BOYS GOLF

Wednesday, September 10

CROSS COUNTRY

Dual/Tri Meets ?

Thursday, September 11

GIRLS TENNIS

GIRLS SOCCER

GIRLS VOLLEYBALL

Layton @ Davis
Weber @ Farmington
BYE - Syracuse

BOYS GOLF

Monday, September 15

BOYS GOLF

Tuesday, September 16

GIRLS TENNIS

GIRLS SOCCER

GIRLS VOLLEYBALL

Davis @ Weber
Syracuse @ Layton
BYE - Farmington

Wednesday, September 17

CROSS COUNTRY

Dual/Tri Meets ?

Thursday, September 18

GIRLS TENNIS(ENDS)

GIRLS SOCCER

GIRLS VOLLEYBALL

Weber @ Syracuse
Farmington @ Davis
BYE - Layton

BOYS GOLF

Friday, September 19

FOOTBALL

Weber @ Farmington
Layton @ Syracuse
BYE - Davis

Monday, September 22

GIRLS TENNIS

Region Tournament

Tuesday, September 23

GIRLS TENNIS

Region Tournament

GIRLS SOCCER

GIRLS VOLLEYBALL

Farmington @ Syracuse

Weber @ Layton

BYE - Davis

Wednesday, September 24

CROSS COUNTRY

Dual/Tri Meets ?

Thursday, September 25

GIRLS SOCCER

GIRLS VOLLEYBALL

Layton @ Farmington

Syracuse @ Davis

BYE - Weber

BOYS GOLF

Friday, September 26

FOOTBALL

Syracuse @ Davis

Layton @ Weber

BYE - Farmington

Monday, September 29

BOYS GOLF (ENDS)

REGION

Tuesday, September 30

GIRLS SOCCER

GIRLS VOLLEYBALL

Davis @ Layton

Farmington @ Weber

BYE - Syracuse

BOYS GOLF (ENDS)

REGION

Wednesday, October 1

CROSS COUNTRY

Davis District Championships @ Layton Park

Ogden City/County @ Weber County FG

Thursday, October 2

GIRLS SOCCER

GIRLS VOLLEYBALL

Weber @ Davis

Layton @ Syracuse

BYE - Farmington

Friday, October 3

FOOTBALL

Davis @ Farmington

Syracuse @ Weber

BYE - Layton

Tuesday, October 7

GIRLS SOCCER (ENDS)

GIRLS VOLLEYBALL

Syracuse @ Weber

Davis @ Farmington

BYE - Layton

WEDNESDAY, October 8

CROSS COUNTRY

Region Championships @ WCF

Thursday, October 9

FOOTBALL

Davis @ Layton

Farmington @ Syracuse

BYE - Weber

Tuesday, October 14

GIRLS VOLLEYBALL

Syracuse @ Farmington

Layton @ Weber

BYE - Davis

Wednesday, October 15

FOOTBALL (ENDS)

Weber @ Davis

Farmington @ Layton

BYE - Syracuse

Tuesday, October 21

GIRLS VOLLEYBALL (ENDS)

Farmington @ Layton

Davis @ Syracuse

BYE - Weber

Winter Master Schedule 2025-26
WINTER SPORTS – ORDER OF GAMES

ALL Winter Sports – ORDER OF GAMES

Game 1

Weber @ Davis
Syracuse @ Layton
BYE - Farmington

Game 2

Layton @ Weber
Davis @ Farmington
BYE - Syracuse

Game 3

Farmington @ Layton
Weber @ Syracuse
BYE - Davis

Game 4

Syracuse @ Farmington
Layton @ Davis
BYE - Weber

Game 5

Davis @ Syracuse
Farmington @ Weber
BYE - Layton

Game 6

Davis @ Weber
Layton @ Syracuse
BYE - Farmington

Game 7

Weber @ Layton
Farmington @ Davis
BYE - Syracuse

Game 8

Layton @ Farmington
Syracuse @ Weber
BYE - Davis

Game 9

Farmington @ Syracuse
Davis @ Layton
BYE - Weber

Game 10

Syracuse @ Davis
Weber @ Farmington
BYE - Layton

Tuesday, December 2**SWIMMING**

Brighton @ Syracuse
 Davis @ Layton
 Farmington @ Weber

Tuesday, December 9**SWIMMING**

Brighton @ Layton
 Davis @ Weber
 Farmington @ Syracuse

Saturday, December 13**SWIMMING**

Davis District Meet
 Ogden City/County Meet

Tuesday, January 6**BOYS BASKETBALL****GIRLS BASKETBALL****REGION 3 CROSSOVER GAMES**

Layton @ Skyridge
 Syracuse @ Corner Canyon
 Farmington @ Lone Peak
 Davis @ American Fork
 Weber @ Lehi

Wednesday, January 7**WRESTLING**

Weber @ Davis
 Syracuse @ Layton
 BYE - Farmington

Thursday, January 8**SWIMMING**

Layton @ Syracuse

Friday, January 9**BOYS BASKETBALL****GIRLS BASKETBALL**

Weber @ Davis
 Syracuse @ Layton
 BYE - Farmington
SWIMMING
 Davis @ Farmington
 Weber @ Brighton

Tuesday, January 13**BOYS BASKETBALL****GIRLS BASKETBALL**

Layton @ Weber
 Davis @ Farmington
 BYE - Syracuse

Wednesday, January 14**WRESTLING**

Layton @ Weber
 Davis @ Farmington
 BYE - Syracuse

Thursday, January 15**SWIMMING**

Syracuse @ Weber

WRESTLING

Farmington @ Layton
 Weber @ Syracuse
 BYE - Davis

Friday, January 16**BOYS BASKETBALL****GIRLS BASKETBALL**

Farmington @ Layton
 Weber @ Syracuse
 BYE - Davis
SWIMMING
 Layton @ Farmington
 Davis @ Brighton

Saturday, January 17**DRILL REGION @ Weber****Tuesday, January 20****BOYS BASKETBALL****GIRLS BASKETBALL**

Syracuse @ Farmington
 Layton @ Davis
 BYE - Weber

Wednesday, January 21**WRESTLING**

Syracuse @ Farmington
 Layton @ Davis
 BYE - Weber

Thursday, January 22**WRESTLING**

Davis @ Syracuse
 Farmington @ Weber
 BYE - Layton
SWIMMING
 Weber @ Layton
 Syracuse @ Davis

Friday, January 23**BOYS BASKETBALL****GIRLS BASKETBALL**

Davis @ Syracuse
 Farmington @ Weber
 BYE - Layton
SWIMMING (ENDS)
 Brighton @ Farmington (ENDS)

Tuesday, January 27

BOYS BASKETBALL

GIRLS BASKETBALL

REGION 3 CROSSOVER GAMES

American Fork @ Layton

Skyridge @ Weber

Lone Peak @ Syracuse

Lehi @ Farmington

Corner Canyon @ Davis

Friday, January 30

BOYS BASKETBALL

GIRLS BASKETBALL

Davis @ Weber

Layton @ Syracuse

BYE - Farmington

Tuesday, February 3

BOYS BASKETBALL

GIRLS BASKETBALL

Weber @ Layton

Farmington @ Davis

BYE - Syracuse

Friday, February 6

BOYS BASKETBALL

GIRLS BASKETBALL

Layton @ Farmington

Syracuse @ Weber

BYE - Davis

SWIMMING

REGION 1 Championships @ South Davis Rec

Tuesday, February 10

BOYS BASKETBALL

GIRLS BASKETBALL

Farmington @ Syracuse

Davis @ Layton

BYE - Weber

Friday, February 13

BOYS BASKETBALL

GIRLS BASKETBALL

Syracuse @ Davis

Weber @ Farmington

BYE - Layton

Spring Master Schedule 2025-26
SPRING SPORTS – ORDER OF GAMES

ALL Spring Sports – ORDER OF GAMES

Game 1

Layton @ Weber
Syracuse @ Davis
BYE - Farmington

Game 2

Davis @ Layton
Weber @ Farmington
BYE - Syracuse

Game 3

Farmington @ Davis
Layton @ Syracuse
BYE - Weber

Game 4

Syracuse @ Farmington
Davis @ Weber
BYE - Layton

Game 5

Weber @ Syracuse
Farmington @ Layton
BYE - Davis

Game 6

Weber @ Layton
Davis @ Syracuse
BYE - Farmington

Game 7

Layton @ Davis
Farmington @ Weber
BYE - Syracuse

Game 8

Davis @ Farmington
Syracuse @ Layton
BYE - Weber

Game 9

Farmington @ Syracuse
Weber @ Davis
BYE - Layton

Game 10

Syracuse @ Weber
Layton @ Farmington
BYE - Davis

Wednesday, March 11

TRACK

Layton @ Weber
Syracuse/Farmington @ Davis

Thursday, March 12

BOYS TENNIS

Layton @ Weber
Syracuse @ Davis
BYE - Farmington

Tuesday, March 17

BOYS TENNIS

Davis @ Layton
Weber @ Farmington
BYE - Syracuse

Wednesday, March 18

TRACK

FARMINGTON SUPER MEET

Thursday, March 19

BOYS TENNIS

Farmington @ Davis
Layton @ Syracuse
BYE - Weber

Tuesday, March 24

BOYS TENNIS

Syracuse @ Farmington
Davis @ Weber
BYE - Layton

Tuesday/Wed, March 24/25

TRACK

Ogden Weber City County
Davis County Championships

Wednesday, March 25

BOYS SOCCER

Layton @ Weber
Syracuse @ Davis
BYE - Farmington

Thursday, March 26

BOYS TENNIS

Weber @ Syracuse
Farmington @ Layton
BYE - Davis

BOYS VOLLEYBALL

Syracuse @ Weber
Layton @ Farmington
BYE - Davis

GIRLS GOLF

Friday, March 27

BOYS SOCCER

Davis @ Layton
Weber @ Farmington
BYE - Syracuse

Tuesday, April 7

BASEBALL

SOFTBALL

GIRLS LACROSSE

BOYS TENNIS

Weber @ Layton
Davis @ Syracuse
BYE - Farmington
BOYS VOLLEYBALL

BOYS LACROSSE

Layton @ Weber
Syracuse @ Davis
BYE - Farmington

Wednesday, April 8

BASEBALL

SOFTBALL

Layton @ Weber
Syracuse @ Davis
BYE - Farmington
BOYS SOCCER
Farmington @ Davis
Layton @ Syracuse
BYE - Weber

TRACK

Davis @ Layton
Weber/Syracuse @ Farmington

Thursday, April 9

GIRLS LACROSSE

BOYS TENNIS

Layton @ Davis
Farmington @ Weber
BYE - Syracuse

BOYS VOLLEYBALL

BOYS LACROSSE

Davis @ Layton
Weber @ Farmington
BYE - Syracuse

GIRLS GOLF

Friday, April 10

BASEBALL

SOFTBALL

Weber @ Layton
Davis @ Syracuse
BYE - Farmington

BOYS SOCCER

Syracuse @ Farmington
Davis @ Weber
BYE - Layton

Monday, April 13

GIRLS GOLF

Tuesday, April 14

GIRLS LACROSSE

BOYS TENNIS

Davis @ Farmington

Syracuse @ Layton

BYE - Weber

BOYS VOLLEYBALL

BOYS LACROSSE

Farmington @ Davis

Layton @ Syracuse

BYE - Weber

BASEBALL

SOFTBALL

Layton @ Davis

Farmington @ Weber

BYE - Syracuse

Wednesday, April 15

BASEBALL

SOFTBALL

Davis @ Layton

Weber @ Farmington

BYE - Syracuse

BOYS SOCCER

Weber @ Syracuse

Farmington @ Layton

BYE - Davis

TRACK

Farmington/Farmington @ Davis

Layton @ Syracuse

Thursday, April 16

GIRLS LACROSSE

BOYS TENNIS

Farmington @ Syracuse

Weber @ Davis

BYE - Layton

BOYS VOLLEYBALL

BOYS LACROSSE

Syracuse @ Farmington

Davis @ Weber

BYE - Layton

GIRLS GOLF

Friday, April 17

BASEBALL

SOFTBALL

Layton @ Davis

Farmington @ Weber

BYE - Syracuse

BOYS SOCCER

Weber @ Layton

Davis @ Syracuse

BYE - Farmington

Tuesday, April 21

GIRLS LACROSSE

BOYS TENNIS

Syracuse @ Weber

Layton @ Farmington

BYE - Davis

BOYS VOLLEYBALL

BOYS LACROSSE

Weber @ Syracuse

Farmington @ Layton

BYE - Davis

BASEBALL

SOFTBALL

Davis @ Farmington

Syracuse @ Layton

BYE - Weber

Wednesday, April 22

BASEBALL

SOFTBALL

Farmington @ Davis

Layton @ Syracuse

BYE - Weber

BOYS SOCCER

Layton @ Davis

Farmington @ Weber

BYE - Syracuse

TRACK

Syracuse @ Farmington

Davis/Layton @ Weber

Thursday, April 23

GIRLS LACROSSE

Layton @ Weber

Syracuse @ Davis

BYE - Farmington

GIRLS GOLF

BOYS VOLLEYBALL

BOYS LACROSSE

Weber @ Layton

Davis @ Syracuse

BYE - Farmington

BOYS TENNIS

REGION TOURNAMENT

Friday, April 24

BASEBALL

SOFTBALL

Davis @ Farmington

Syracuse @ Layton

BYE - Weber

BOYS SOCCER

Davis @ Farmington

Syracuse @ Layton

BYE - Weber

BOYS TENNIS (ENDS)

REGION TOURNAMENT

Tuesday, April 28

GIRLS LACROSSE

Davis @ Layton
Weber @ Farmington
BYE - Syracuse

BOYS VOLLEYBALL

BOYS LACROSSE

Layton @ Davis
Farmington @ Weber
BYE - Syracuse

BASEBALL

SOFTBALL

Farmington @ Syracuse
Weber @ Davis
BYE - Layton

Wednesday, April 29

BASEBALL

SOFTBALL

Syracuse @ Farmington
Davis @ Weber
BYE - Layton

BOYS SOCCER

Farmington @ Syracuse
Weber @ Davis
BYE - Layton

TRACK (ENDS)

Weber @ Syracuse
Farmington/Davis @ Layton

Thursday, April 30

GIRLS LACROSSE

Farmington @ Davis
Layton @ Syracuse
BYE - Weber

GIRLS GOLF (ENDS)

BOYS VOLLEYBALL

BOYS LACROSSE

Davis @ Farmington
Syracuse @ Layton
BYE - Weber

Friday, May 1

BASEBALL

SOFTBALL

Farmington @ Syracuse
Weber @ Davis
BYE - Layton

BOYS SOCCER (ENDS)

Syracuse @ Weber
Layton @ Farmington
BYE - Davis

Monday, May 4

BASEBALL

SOFTBALL

Syracuse @ Weber
Layton @ Farmington
BYE - Davis

Tuesday, May 5

GIRLS LACROSSE

Syracuse @ Farmington
Davis @ Weber
BYE - Layton

BOYS LACROSSE

BOYS VOLLEYBALL (ENDS)

Farmington @ Syracuse
Weber @ Davis
BYE - Layton

BASEBALL

SOFTBALL

Weber @ Syracuse
Farmington @ Layton
BYE - Davis

Wednesday, May 6

BASEBALL (ENDS)

SOFTBALL (ENDS)

Syracuse @ Weber
Layton @ Farmington
BYE - Davis

Thursday, May 7

GIRLS LACROSSE (ENDS)

Weber @ Syracuse
Farmington @ Layton
BYE - Davis

BOYS LACROSSE (ENDS)

Syracuse @ Weber
Layton @ Farmington
BYE - Davis

OLD REGION TIE BREAKER RULE

1. Tournament entries will be determined by the win/loss record in region (league) play. In the event of a tie between teams/individuals qualified for region/state tournament positions, the seed will be determined by the win/loss record between the teams/individuals involved. If they split, the seed will be determined by head-to-head records against the team/individuals (region play) with the highest finish. If that does not break the tie, success against the next highest finisher will be compared. This process will continue down until the tie is broken. If a tie still exists, then the teams/individuals involved will flip a coin(s) with the winner going as the highest seed. A coin toss will determine subsequent seeding.

Examples:

- A. **Two basketball teams (A & B) tie for second place in region play.** The two teams split during region play and both teams lost twice to the region champion. Team A defeated the fourth-place team twice and team B split with the fourth-place team. Team A would go into the state tournament as the second seed and team B would go to the state tournament as the third seed team.
- B. **Three football teams (A, B & C) tie with identical records for 2nd, 3rd, and 4th place in region play.** The three teams both won one and lost one against each other. None of the teams beat the region champions, but two of the teams (A & B) beat the 5th place team and one team (C) lost to the 5th place team. In head-to-head play team A defeated team B. The order of finish would then be team A 2nd, team B 3rd, and team C 4th.
- C. **Three soccer teams tie for the region championship** with a 10-4 record. In head-to-head games involving the three teams, team A goes 3-1, team B goes 2-2 and team C goes 1-3. Team A will go into the state tournament as 1st, team B will go in as 2nd, and team C goes as 3rd. All three teams will be considered as tri-champions.

2. In the event of any tie that would determine entry or non-entry to the tournament, play-offs will be held.

Examples:

- A. If there is a **tie between two teams with one available tournament slot**, they will play each other at the site of the team that won the head-to-head regular season game(s). If teams split their home-and-home series, results against the highest seeded team(s) will be used to determine the playoff host. A coin flip will be the final option to determine host team.
- B. If there are **three teams tied for one available tournament entry slot** head-to-head will be looked at. The team with the better head-to-head record will get the bye while the other two teams will play in the first game/half. The winner will play the team that had the bye. If the tie can't be broken, then a coin flip will be used with the odd team out receiving the bye. All other sports will play FULL GAMES except for football who will only play halves. The winner of that game will play the bye team in the next full game (except football). The winner of the second game will then get the tournament entry slot.
 - a. Games will be played as a double header. The following sports will play in a double header: Softball, Baseball, and Volleyball. All other sports will play back-to-back days.
- C. If there are **three teams tied for two available spots**, head-to-head among each other will be used to break the tie with the best record getting the #3 seed. The other two seeds will play in for the final playoff spot. If it goes to a coin toss the winner of the coin toss gets the #3 seed while the other two will play for the final spot.
- D. If there are **four teams tied for the final spot**, the four teams will be seeded based on their record against the other three teams. #1 will play #4 and #2 will play #3. The winners of those games will then play each other for the final state position. Games will be played at the higher seed for all of the games.
- E. If there are **four teams tied for the final 2 spots**
 - a. Head to head will be looked at to determine the 3rd seed and then the other 3 teams will defer to C to get the final playoff spot. IF the tie cannot be broken then go to next level.
 - b. The four teams will be seeded based on their record against the other three teams. #1 will play #4 and #2 will play #3. The winners will get the final 2 spots for the state tournament.

F. If **ties can't be broken** by using head to head or using top to bottom in region, the coin flip will be used.

3. A coaches (A.D./Principals) meeting will be held a week before the last season game for those schools affected by a possible tie or ties.